

GIS CELESTE EXPRESSIONS UNBOUND 2024 - 2025



A harmonious artistic collaboration showcasing the collective creativity of all our students.





This book belongs to

Echoes Of Leadership

Directors' Message



Dr. C. Prabhakar General Secretary

t brings me immense joy, to be a part of this incredible community. We celebrate not just another year, but the transformative power of education itself. As Nelson Mandela said, "Education is the most powerful weapon which you can use to change the world." Here, at Gopalan International School, we armyou with just that – the power to forge yourdestinies and shape the world around you.

Our classrooms transcend mere facts and figures. They are vibrant ecosystems where curiosity blossoms, critical thinking is nurtured, and a love for lifelong learning takes root. We focus on building a foundation that empowers you to think for yourselves, not just memorise fleeting knowledge.

But Gopalan International School is more than just academics. It's a thriving community where collaboration, creativity, and resilience flourish. We believe, as Maya Angelou beautifully phrased it, "Success is liking yourself, liking what you do, and liking how you do it." We empower you to discover your passions, embrace challenges, and find your unique voice.

Thank you. Let's continue to cultivate this legacy of excellence, together.



Mrs. Sunitha Prabhakar Director

Success, my dears, isn't a single mountain peak to conquer, but a magnificent journey to explore. It's about igniting your curiosity, that insatiable thirst to learn and understand. It's about embracing challenges, for within them lie hidden treasures waiting to be discovered. Most importantly, success is about believing in yourselves, in your unique talents and unwavering spirit.

As Helen Keller, a champion of knowledge, once said, "Life is either a daring adventure or nothing at all." Embrace the adventure, students! Don't be afraid to step outside your comfort zones, to ask questions, to stumble and rise again. It's in these moments of perseverance that true strength and resilience are forged.

So, dear students, as you embark on the next chapter of your lives, carry the spirit of Gopalan International School with you. Let curiosity be your compass, resilience your armour, and a love of learning your guiding light. Remember, success isn't a destination, but a journey. Embrace the adventure, and make the world a brighter place!

Thank you!

The Torchbearer's Note

Principal's Message



"The beautiful thing about learning is nobody can take it away from you."

School education focuses on nurturing all aspects of a student's growth, not just academic learning. It recognizes that a child's development is multidimensional, and for them to grow into well-rounded individuals, education should support their intellectual, emotional, social, physical, and moral development. At Gopalan International School, our endeavour is to provide such an environment to our students.

The school magazine is an effort to showcase and honour these various facets and achievements of our students and also of the editorial team for their brilliant effort in compiling this maiden edition of GIS CELESTE. I take this opportunity to congratulate all my students for their excellent performance and achievements through the year.

This year has been one of growth, achievement, and unforgettable moments. In the classroom, on the sports field, onstage, and in every activity, our students have shown that with determination and hard work, anything is possible. It is this spirit that makes our school such a vibrant and inspiring place to learn and grow.

I thank the school Management for their trust and guidance, the opportunities and environment for all to excel.

I would like to extend my heartfelt thanks to our devoted staff who work tirelessly to create an environment where our students can thrive. I thank our parents, for their continued support and trust in our school.

Together, we make a strong and united community and let's continue to create a community where we support each other, celebrate our differences, and encourage growth through every trial and triumph. "It is not our abilities that show what we truly are... it is our choices." We choose to learn, to grow, and to become the best versions of ourselves — imperfections and all.

Wishing you all continued success and happiness.

Rajashree N. Chaudhari



The Ink Brigade

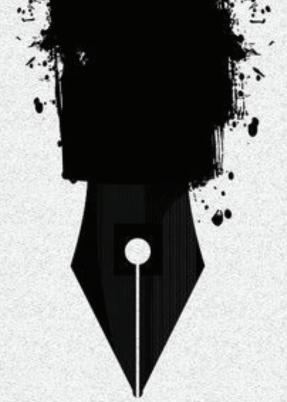
The Editorial Board:

Where creativity meets clarity and vision meets voice.

We, the Editorial Board, are profoundly honoured to present this special edition, a meticulously curated compilation of stories, achievements, and treasured memories that encapsulate the indomitable spirit of our school. It is our ardent hope that as you immerse yourself in these pages, you will be deeply inspired by the narratives of perseverance and triumph, and reminded of the indelible moments that have shaped our collective identity.

This publication serves as a poignant testament to the unwavering dedication and unrelenting passion that have defined our school's legacy. We have consistently strived for excellence, fostering an environment of creativity, innovation, and diversity. The stories within these pages reflect the tireless efforts of our students, faculty, and alumni, who have worked in harmony to build a community that is both academically rigorous and warmly inclusive. We extend our sincerest gratitude to each of you for being an indispensable part of this journey. Your unwavering commitment and generous support have enriched our community in profound ways. As we reflect on our shared experiences, we are reminded of the transformative power of collaboration and the importance of unity and excellence.

In closing, we express our heartfelt appreciation for your role in making our school such a remarkable place. Together, let us continue to inspire, innovate, and create a legacy that will endure for generations to come.



The Ink Brigade



Ms.Priyanka Prakashan



Medhansh Dwivedi VIII C



Ms. Ashwathi Nair



Sidharth Kannan IX IGCSE



Srishan Ravi X IGCSE



Aneesha Nethala IX B



Aditi XI



Shivatmika Routh IX C



Jayden Philip Fernandes X C

ICSE Schools Whitefield Plus Rank I



Eldrok India K-12 Awards-2024



Category: Sustainable and Holistic Growth Programs

THE CELESTE COMPASS

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From Hard Work to High Scores: Celebrating the Journey of Excellence!







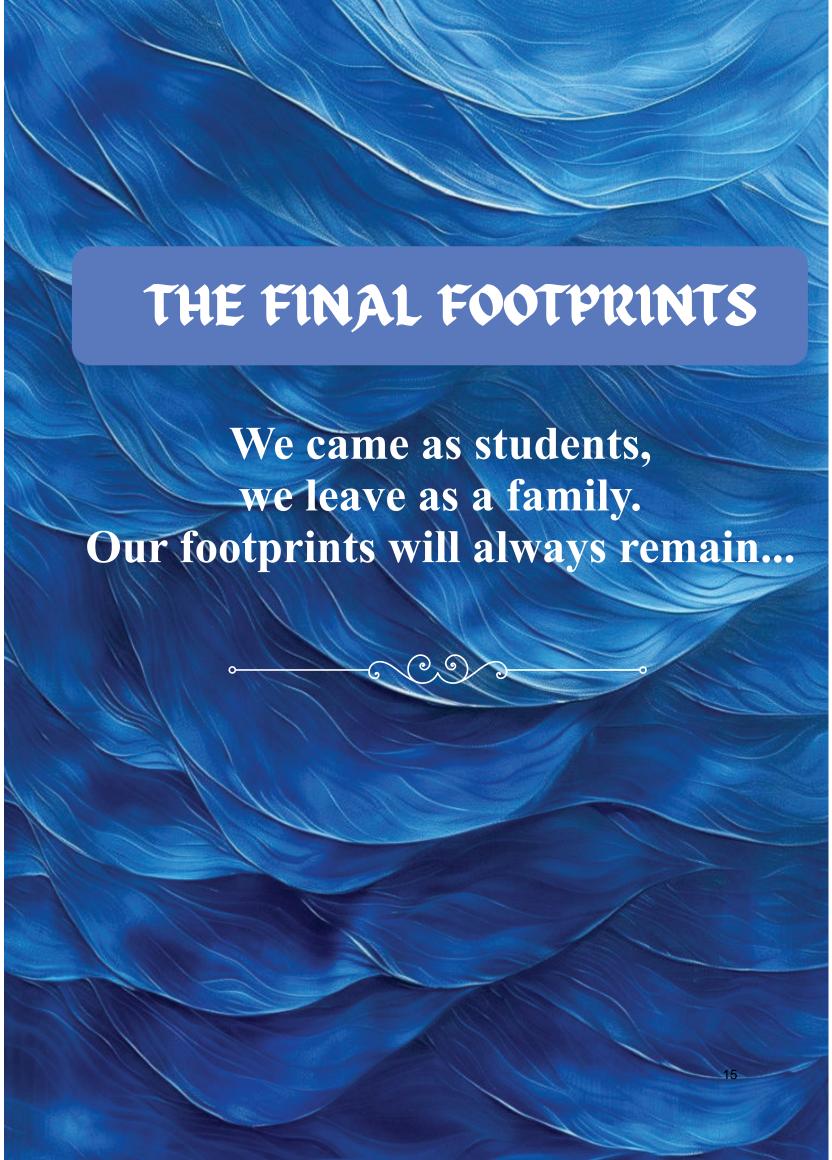












X-A The Chill Bunch



First row, sitting: Ms Sampa Tarafdar, Ms Monika Agarwal (Activity Coordinator),

Ms Keerthi R Setloor (Class Teacher), Mrs Rajashree N. Chaudhari (Principal),

Ms Manjula Iyer (Academic Coordinator), Ms Rupali Patil, Mr Amos Elon (Sports Coordinator)

 $Second\ row:\ Ms\ Hridya\ Jagadeesh,\ Ms\ Pushplata\ Rai,\ Ridhima\ Nair,\ Gayathri\ Nagesh,\ Sohana\ Saikia,$ Parthavi Bhargava, Linda Kristen, Jayasri R, Lakshya P, Drishika Suryawanshi,

Ms Eurekha Gonsalves, Ms Sandhya P Third row: Ms Priyanka Prakashan, Ms Suchismita Mallick, Sanvi Deshpande, Vidur Reddy B,

Dennis Michael, Sujit C Patil, K Siddharth Narendravel, Jatin Sai Kantamraju, M. Harshika,

Ms Lairenlakpam Hellyna, Ms Parul Srivastava

Fourth row: Mr Adimulam Venkatesh, Ms Pranavya P, Ms Sujaya Sekaran, Mr Sharath Kumar L,

Mr Ramamurthy B, Mr Cedric Kayembe K

Fifth Row: Surya Raghavendra, Neel Ayinkat, Dimple Sai Siddarth, Dhrupad P S, Vihaan Malik, Hrithik K N, Mr Harshith MN, Mr Basavana Goud K

X-B The Doppler Gang



First row, sitting: Ms Sampa Tarafdar, Ms Monika Agarwal (Activity Coordinator),

Ms Ashwathi Nair (Class Teacher), Ms. Rajashree N. Chaudhari (Principal),

Ms Manjula Iyer(Academic Coordinator), Ms Rupali Patil, Mr Amos Elon (Sports Coordinator)

Second row: Ms Tahseen N K, Ms Hridya Jagadeesh, Ms Pushplata Rai, Surabhi Mohan, Srishti Nath,

Aradhana Ray, Eva Kumar, Gahana Okesh, Ms Sandhya P, Ms Eurekha Gonsalves,

Ms Sapna Mishra

Ms Suchismita Mallick, Ms Keerthi R Setloor, Siddharth Ramasubramanian,

Tarun Aswin Kumar, Varshini S, Nishika Mukku, Sai Nithin Vikas, Shreyas Deepak, Ms Hellyna

Fourth row: Mr Venkat, Ms Pranavya P, Ms Sujaya Sekaran, Shashank Chattanahalli, Soham Bangera,

Thejas Sanjeev, Rayan Saha, Bhasvaan Sriesh, Thanmai N, Mr Sharath Kumar L, Mr Ramamurthy B, Mr Cedric Kayembe K

Fifth Row: Sai Shravan R, Ayan Bhargay, Atharva Kulkarni, Vickrant G, Mr Basavana Goud K, Mr Harshith MN

X - C Splendida Scintillae



First row, sitting: Ms Sampa Tarafdar, Ms Monika Agarwal (Activity Coordinator),

Ms Sapna Mishra (ClassTeacher), Ms Rajashree Nitin Chaudhari (Principal),

Ms Manjula Iyer(Academic Coordinator), Ms Rupali Patil, Mr Amos Elon (Sports Coordinator)

Second row: Ms Tahseen N K,Ms Hridya Jagadeesh, Ms Pushplata Rai, Harshitha A S, Dhiya Baskar, Y Sumadhura, Bruna Trishna, Lekha Shree Reddy A, Koti Sahasra, Anvi Nitin, Ms Sandhya P,

Ms Eurekha Gonsalves

Third row: Ms Priyanka Prakashan, Ms Suchismita Mallick
Fourth row: Mr Adimulam Venkatesh, Ms Pranavya P, Ms Sujaya Sekaran, Soham Sundar Ghosh, Dinesh
Ravishankar, Kavin Vijaykumar, Peram Lokaditya Chowdhary, Jeffery, Ms. Keerthi R Setloor,

Fifth Row: Saketh Nair, Jayden, Aditya Kamath, Arjun P B, Aditya kiran Sreepau Shanmukh, Mr Cedric Kayembe K

Sixth Row: Mr. Sriram Rajagopalan , R Vishwas, Vardaan Raheja, Adit Ravi, John zac Joseph, Mr Harshith MN, Mr Basavana Goud K

X-CIE "Unique Mavericks"



first Row: Mrs. Monika Agarwal (Activity Coordinator), Mrs. Shahana Zuberi (Class Teacher),

Mrs.Rajashree Nitin Chaudhari (Principal) , Mrs. Dhanya Vivek (Academic Coordinator),

Mr. Amos Elon (Sports Coordinator)

Second Row: Mrs Anjana Sen, Mrs Sheeba Caroline, R Lohita, Moukthika Burada,

Sanchitha Sharath, Nivedita Madhu, Mrs Jyothi Kumar, Mrs S. Yasmen

3Third Row: Mrs Poornima Devi Pisini, Hriday Parikh, Riddhiman Vorhra, Shrishan Ravi,

Mukund Mohanraj, Vidya, Hemakesh Ram Mylavarapu, Ms Roopa Ganesh, Mrs. Sujaya Sekaram

Fourth Row: Dr. Saurav Das, Reuben Mukherjee, Lekh Chowdhary, Srijesh VS, Ananth

Ram Pranav Puppala, Mrs Reshmi Rajish Nathan

Mr. Neville D Monte, Mr. Sharath Kumar, Mr Georges Tshibangu,

Mr Basavana Goud K, R Vishwas

XII-ISC "The Tenacious Ten"



Ms Rupali Patil (Class Teacher), Mr Amos Elon (Sports Coordinator)
Ms Hridya Jagadeesh, Ms Keerthi R Setloor, Punita Nooney, Vidhyashree Jeyandran, Harini Shankar, Nayonika Bag, Ms Eurekha Gonsalves,

Ms.Lairenlakpam Hellyna
Third row: Ms Ashwathi Nair, Ms Shilpi Agarwal, Keerthana Jagadish, Prisha Maheswaran, Ms Sapna Mishra, Ms Shafaque Noor
Fourth row: Ms Pranavya P, Ms Sujaya Sekaran, Ashith Kiran Reddy, Ajay Bino, Divaakar Suresh, Aditya Mishra, Ms Roopa Ganesh, Ms Purnashree Sengupta

Tripathy
Fifth Row: Mr Adimulam Venkatesh, Mr Sairam Rajagopalan, Mr Harshith MN, Mr R Vishwas, Mr Basavana Goud K

NIOS-SR SECONDARY "Versatility Cohort"



First row: Ms Sampa Tarafdar, Ms Monika Agarwal (Activity Coordinator), Ms Ruby Roy (Class Teacher), Mrs Rajashree Nitin Chaudhari (Principal), Ms Rupali Patil (Academic Coordinator),

Ms Manjula Iyer, Mr. Amos Elon (Sports Coordinator) Second row: Ms. Shilpi Agarwal, Ms. Anjana Sen, A kshipra, Ashwajith G., Bideesha Sinha, Ms. Rashmi Singh, Ms. Saradindu k

Third row: Sanat Das, Aarav Mishra, Risabh Vaikar, Swatik Sarangi, Adhya Nayak, Ethan Joy, Caleb John, Neeray S Kumrawa

Fourth row: Ms. Salvi Khajuria, Ms. Sharmila, Ms. Richa Mehta, Ms. Pranavya P, Ms. Yasmeen, Ms. Sujaya Sekaran $Fifth\ row:\ Mr.\ Adimulam\ Venkat,\ Mr.\ Sriram\ Rajagopalan\ ,\ Mr.\ Basavana\ Goud\ K\ \ ,\ Mr.\ R\ Vishwas,\ Mr.\ Harshith\ MN,$ Ms.Lairenlakpam Hellyna

NIOS-SECONDARY "Versatility Cohort"



First row: Ms Sampa Tarafdar, Ms Monika Agarwal (Activity Coordinator), Ms Salvi Khajuria (Class teacher),
Mrs Rajashree Nitin Chaudhari (Principal), Ms Rupali Patil (Academic Coordinator), Ms. Manjula
Iyer, Mr Amos Elon (Sports Coordinator)

Second row: Ms. Ashwathi Nair, Ms. Anjana Sen, Ms. Shilpi Agarwal, Abhinav Prasad, Afrah Syed, A.S. Saanvi, Radhesh G., Pranav Vikas Reddy, Ms. Eurekha Gonsalves

Third row: Ms Priyanka Prakashan, Ms. Ruby Roy, Ms. Richa Mehta Ms. Rashmi Singh, Ms. Saradindu K, Ms. Pranavya P., Ms. Gangamma Ganapathi, Ms. Sujaya Sekaran

Fourth row: Mr. Adimulam Venkat, Mr. Sriram Rajagopalan, Ms. Lairenlakpam Hellyna, Mr. R Vishwas, Mr. Harshith MN, Mr. Basavana Goud K .

FACES BEHIND THE FUTURE

A school is only as strong as its teachers, and here stand our finest.



The Dream Makers



Efficiency Experts



THE SILENT STRENGTH

Behind every great institution, there is a team of unsung heroes who make everything possible.



The Culinary Masters



The All-Round Ace



Ambience Architects



Student Support Stars

THE SILENT STRENGTH

These unsung heroes don't seek recognition, but their impact is undeniable.



The Handy Heroes



Journey Navigators



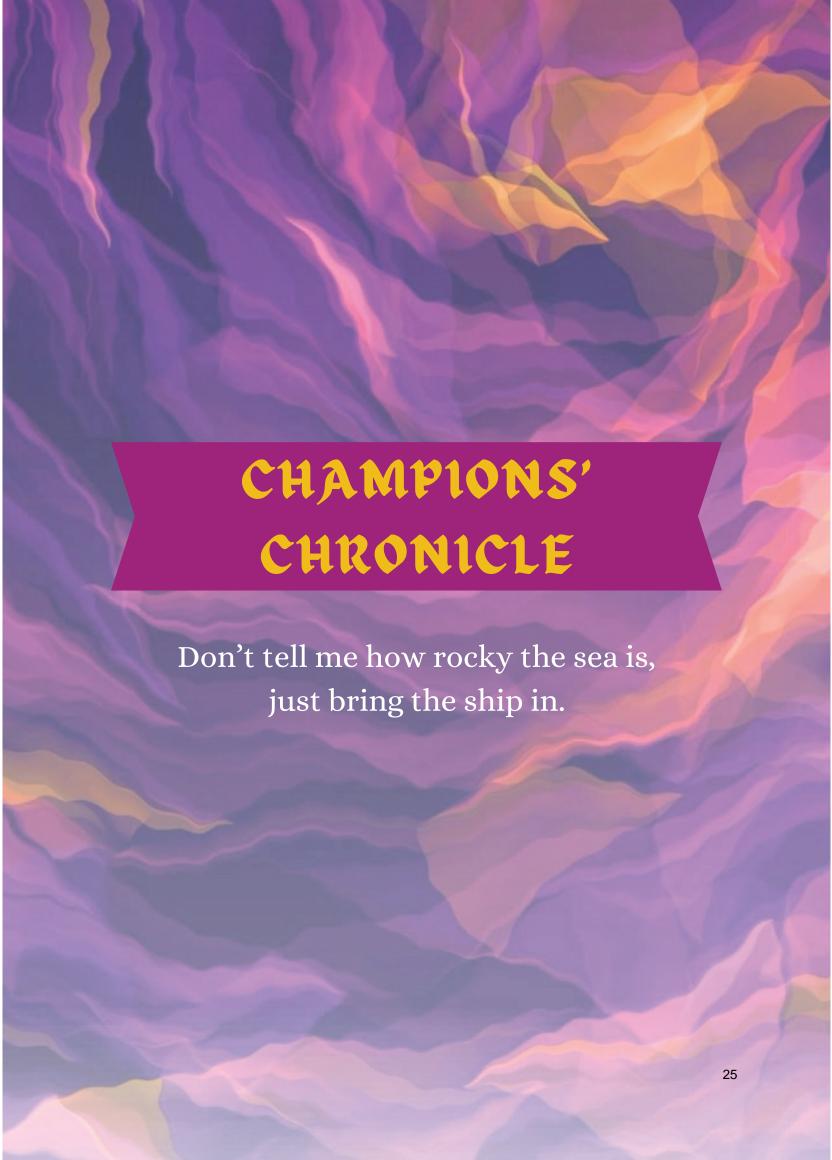
Speed & Safety Specialists



Vigilant Vanguards



School Bus Angels



Every medal tells a story of sweat, sacrifice, and success.

GIS has achieved remarkable success in sports, bringing pride to the school. With dedication and teamwork, our athletes have excelled in various competitions, securing prestigious victories. Their hard work, perseverance, and sportsmanship reflect GIS's commitment to excellence, inspiring future champions and strengthening the school's legacy in sports.



Selvasamrudhi (IX) represented India in Asia Badminton Championship in U-15 Girls Doubles Category. Karnataka State rank Number 1 in U-15 Girls Singles Category 2024



Ravina Ravi Kumar (ISC XI) represented India in the Indo Thailand International Throwball Test Series 2024



CISCE NATIONALS



Cricket U-17
Rayan Saha (X), Aarush Mishra (XI),
Advaith Karthik (XI), Mokhit K S (XI), and
Sai Pranav (XI)
Position: First
Mokhit K S was appointed as the captain
of the CISCE SGFI U-17 Team.



Swimming-U-14(Boys)
Arjun P B (X)
1500 FS - 1st Place, 200 Mtr FS - 2nd Place,
800 FS - 3rd Place
Participated in SGFI



Gymnastics Acrobatics- U-17
B. Rakshan- (XI)
Himinish N (XI)
Position: Second



Chess U-19 Boys Ashith Kiran Reddy (XII) Position: Second



Chess U-19 Boys Vrishank Royadu (IX) Position: Third



Artistic Gymnastics U-17 Arya Tejas (XI) Position - Third

Champions keep playing until they get it right.

ISSO Nationals



Swimming- U-14 Aadya Bharadwaj- VII CIE 100 Mtr Butterfly Stroke - 1st Place, 200 Mtr Butterfly Stroke - 1st Place, 100 Mtr Breast Stroke- 3rd Place,



Swimming- U-14 Sudeepti Dasam- IX CIE 200 Mtr Butterfly Stroke - Third Place



Gymnastics U- 11 Aliyan Hashmi- IV Position: First Place



Karnataka State G4 Taekwondo Championship





Sharanya Narayani International School -Tennis/Badminton







KSVK International School- Swimming







GJR International School-Football







Sri Ram Global International School - Football





Viva-Vibgyor High-Swimming













Gopalan National School- Football







VSE Sports Premier League



Vidyashilp Academy - Yoga





Samsidh International School - Badminton





Greenwood High -Swimming





TECHNICAL & CULTURAL KALEIDOSCOPE

"Technology is best when it brings people together."

Robotics at GIS is rapidly gaining momentum, opening new doors of innovation and learning for students. GIS students have participated in various robotics competitions, showcasing their technical prowess, creativity, and problem-solving skills. Their dedication and teamwork have not only led to valuable learning experiences but also to remarkable victories in prestigious events.

These competitions have exposed students to cutting-edge technology, fostering their passion and preparing them for future advancements in robotics and automation. The hands-on experience has enhanced their critical thinking and collaboration skills, inspiring them to push boundaries in the field.

With robotics continuing to thrive at GIS, students are well-equipped to explore new challenges, innovate, and excel, ensuring a bright future in the world of technology.









The Foundation School - Expressions









Hess Memorial - Art



State level Abacus Championship







MELODIC MOMENTS

"Where talent meets triumph, and music speaks louder than words."

GIS's music team continue to shine, achieving remarkable success in various prestigious competitions. The talented G Minors showcased their musical prowess by securing the 2nd Runners-Up position at the Furtados Battle of the Bands (National Level) Finals and also claiming 1st place at the Foundation School Talent Show. Their journey of triumph extended further as they won accolades at several renowned competitions, including the Battle of the Bands, Solo Singing, and Solo Instrumentals at Bishop Cotton Boys' School, Deens Academy Music Competition, and other esteemed platforms.

Adding to their ever-growing list of achievements, the team made a mark at Joseph's, De Sales Academy, Euro School, Bangalore International School, and other major music events. Their passion and dedication were also evident in individual performances, where they emerged victorious in various categories, bringing further glory to the school.

With each performance, GIS's music team continues to set new benchmarks, proving that their melody, rhythm, and harmony truly resonate on every stage they grace!















MELODIC MOMENTS















MELODIC MOMENTS













SCHOOLSCAPE: THE EVENTS THAT SHINED

Where Every Occasion Becomes a Legacy.

HELIOS

Illuminating brilliance

Held on 1st-2nd August, Helios 2024, an inter-school fest at GIS was a dazzling celebration of artistry, intellect, and innovation. From electrifying dance and music to thought-provoking debates, a thrilling escape room, a Shark Tank-inspired challenge, and a groundbreaking robotics exhibition, the fest radiated brilliance, passion, and teamwork, leaving an unforgettable mark on all. We were honoured to have Mr. Anup George, parent and an architect by profession as our esteemed Chief Guest for the event. A total of eleven schools participated where New Horizon Public School, Indiranagar won the overall trophy.





















Gopalan Model United Nations GMUN

"One world, one voice, one future—where every debate sparks a revolution of ideas."

GIS hosted its very own Gopalan Model United Nations (GMUN) on 2nd and 3rd August 2024, where students from schools across Bangalore gathered to step into the roles of delegates, engaging in thoughtful discussions and debates on real-world issues and global politics. Gopalan National School emerged as the overall champion, showcasing exceptional diplomacy and critical thinking. It was an honour to have our Director, Ms Sunita Prabhakar grace the occasion. It was a delight to have Mrs. Bhaswati Mukherjee, Principal of Gopalan National School as our honoured chief guest.



















EXCELLENCIA

Bringing together minds, talents, and aspirations under one stage.

The IGCSE department of GIS organized an Inter-School Literary Fest on 22nd October 2024, which incorporated literature as a very essence into a multitude of fields, i.e., robotics, history, debate, and art. It was a successful event. Over 200+ students from 10 different schools across Bangalore participated in an extremely memorable event. We were honored to have Ms. Vidya Doraiswamy, founder of Endeavor Extended Learning Services LLP. as our esteemed chief guest.

Delhi Public School East emerged as the overall champion, showcasing outstanding talent and creativity.



















FAMILY FUN DAY

Because every family deserves a day filled with joy and connection!

The Primary Grade I and II Department of GIS organized a vibrant Family Fun Day, bringing together students, parents, and teachers for a day filled with joy and bonding. The event featured exciting games, competitions, creative activities, and interactive sessions that encouraged teamwork and family participation. Parents enthusiastically joined their children in dance, art, and sports activities, fostering a spirit of togetherness. The day concluded with a delightful cultural performance and refreshments. The event was a resounding success, creating cherished memories and strengthening the school-community relationship.



















ABHIVVAKTI

Canvas of thoughts

GIS united in a grand celebration of diverse art forms through Abhivyakti, an intra-school event that truly embodied the spirit of self-expression, creativity, and inclusivity. Students from Grades I to XII, across ICSE,ISC and CIE curricula, participated in this intra-school event with enthusiasm and passion, showcasing their unique talents on a platform that welcomed every form of artistic expression. The atmosphere was electrifying as fashion shows, dramatic plays, captivating poem recitals, debate, rangoli art, story writing and soulful musical performances unfolded, leaving the audience in awe.

One of the most remarkable aspects of Abhivyakti was how it encouraged every student to step forward and discover their hidden potential. The event left an indelible mark on every participant and spectator, proving that art has no boundaries, and expression has no limits.









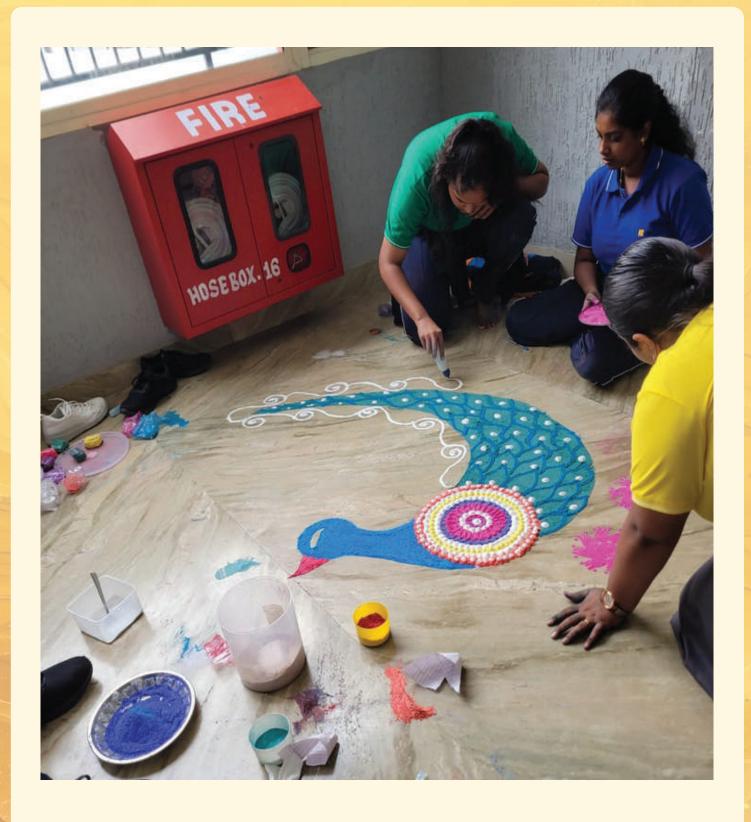




















ABHIVVAKTI

Canvas of thoughts







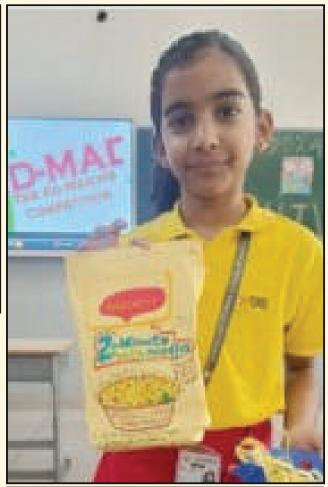




















SPELL BEE

Word of Wizards

Spelling is the foundation of strong language skills, and a Spell Bee competition provides the perfect platform for students to showcase their vocabulary, memory, and pronunciation. It enhances linguistic abilities while fostering confidence, focus, and healthy competition. At GIS, a monthly Spell Bee Assessment helps students prepare for the Primary Spellathon in March. This year, the GIS Spellathon for Grades 1-4 began with a preliminary round involving all primary students. The top 35 advanced to the quarter-finals, followed by eliminations that led to the semi-finals and finals.

More than just a contest, the competition celebrated perseverance, dedication, and the joy of mastering words.



















MILESTONES & MOMENTS

Special days are reminders that every moment holds the power to inspire change.

FELICITATION

Recognizing hard work, rewarding success, and celebrating the champions of tomorrow.

On June 22, 2024, GIS proudly celebrated its Felicitation Ceremony, recognizing students for their outstanding achievements in Academics. We were honored to have Mr. H.L. Srinivasa, a distinguished member of the Indian Space Research Organization (ISRO), as our Chief Guest, making the occasion even more special.

The event was a testament to our students' dedication, hard work, and perseverance. Students were felicitated for their exceptional performance in the board examinations. Additionally, students of all grades who achieved 100% attendance plus demonstrated academic excellence throughout the entire academic year were also recognised and honoured.







INVESTITURE

"Great leaders don't set out to be leaders, they set out to make a difference."

On July 5, 2024, GIS held its Investiture Ceremony, officially inducting new student leaders. With pride and commitment, the leaders embraced their responsibilities, setting a promising tone for the academic year ahead. The prestigious ceremony was graced by our Director Ms. Sunita Prabhakar . We were also pleased to have with us, Retired Air Commodore, Saji Antony as our esteemed chief guest.









SPORTS DAY

"Gold medals aren't really made of gold. They're made of sweat, determination, and a hard-to-find allo guts."

The much-awaited Sports Spectra 2024 was conducted with great enthusiasm and competitive spirit across all grades. Sports Day was organised on different dates for various sections, ensuring that every student had the opportunity to participate and showcase their athletic skills. For the Pre-Primary and Grades I to IV, the events were held on the school grounds, creating a vibrant and energetic atmosphere filled with enthusiasm and joy. Young athletes participated in fun races, obstacle courses, and team events, displaying remarkable determination and excitement. For Grades 5 to 12, the events took place at the Avalahalli Grounds, providing a grand stage for students to test their endurance and sportsmanship. The day began with a spectacular March Past, where students from different houses marched in perfect synchronisation, demonstrating discipline and unity. The Torch Run symbolized the spirit of perseverance and excellence, igniting a sense of pride among participants and spectators alike. The competition intensified with a series of track events, relays, and team sports that kept the energy levels soaring. Students engaged in high-spirited sprint races, long-distance runs, and relays, while team events like Tug of War brought out the essence of teamwork and strategy. Every participant gave their best, pushing their limits to achieve personal and team victories. The event concluded on a high note, with winners being honoured for their achievements and all students being appreciated for their hard work, determination, and commitment to sportsmanship.

























SPORTS DAY























NAVABHAVA Annual Day- A Symphony of emotions

The Annual Day at GIS, Navabhava-the language of the soul, held on 20th and 21st December 2024, was a spectacular celebration of the Navarasas (Nine Emotions), brought to life through mesmerising performances and artistic brilliance. Months of dedicated practice and unwavering commitment by students and teachers culminated in a breathtaking finale that left an indelible mark on every spectator.

The grand stage, adorned with dazzling LED screens, vibrant lights, and immersive sound effects, provided the perfect setting for a flawless and larger-than-life experience. The production skillfully highlighted the importance of emotional balance in truly experiencing life and relationships, weaving together expressive storytelling, seamless choreography, and stunning visuals to create an unforgettable experience. Students from Pre-Primary to Grades IX and XI showcased their talents through a spectacular series of performances that brought the nine emotions to life. Their vibrant costumes, synchronized movements, and expressive portrayals captivated the audience, making each emotion resonate powerfully.

The creative choreography and meticulous attention to detail transformed each performance into a masterpiece. The team's dedication and passion were evident in every move, every rhythm, and every expression, as students executed their steps with precision and grace.

The G-Minors, the school's dynamic music band, elevated the event to even greater heights with their electrifying performance. With their soul-stirring vocals, impeccable instrumentation, and unmatched energy, they went above and beyond to make their musical showcase truly outstanding. The event was further enriched by enthusiastic student participation, eloquent compering, and the overwhelming excitement of thrilled parents. Every moment was a celebration of passion, artistry, and teamwork, making Navabhava not just an event but a magical experience that will be cherished forever.















































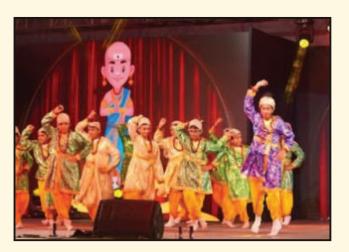


























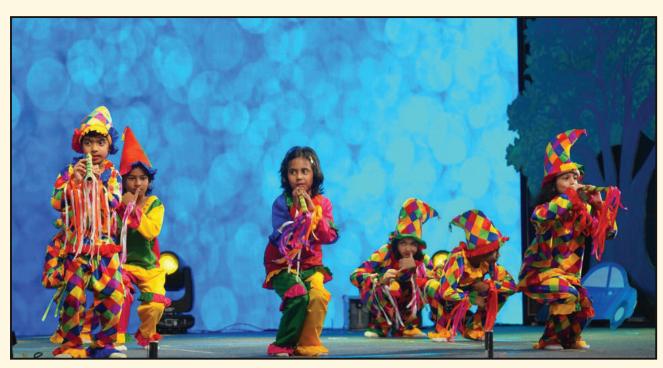








































VALEDICTORY

Turning Tassels, Opening Doors

The Valedictory Function at GIS, for grades X ICSE, CIE & NIOS, XII ISC & NIOS and the Pre-primary was a dazzling ceremony, brimming with pride, emotions, and unforgettable memories. The amphitheater buzzed with energy as vibrant dance performances, soulful melodies, and a deeply touching tribute video left the audience misty-eyed yet smiling.

Gracing the occasion as the Chief Guest was Mrs. Sunita Prabhakar, Director of Gopalan Foundations, whose inspiring presence added grandeur to the evening. In her address, she commended the students for their achievements, encouraged them to embrace new beginnings with confidence, and applauded GIS for its unwavering commitment to excellence.

As the ceremony drew to a close, it wasn't just an event—it was a symphony of emotions, a celebration of dreams, and a farewell etched in golden memories!





















Science Exhibition

Invent Today, Transform Tomorrow

The Primary, Middle School Department of ICSE and CIE hosted an impressive Science Exhibition, on 27th and 28th of February, where students showcased innovative projects across various fields, including environmental science, robotics, and physics. The event featured interactive displays and experiments, allowing students to present their findings and engage with visitors. It was a wonderful opportunity for students to apply their scientific knowledge, showcase creativity, and foster teamwork and critical thinking, while parents had the chance to witness their remarkable talents.

































Learning is not just about books; it's about experiences that shape understanding.

Field Trips

Every place has a story; every journey is a lesson waiting to be learned...









Field trips at GIS are an integral part of experiential learning, offering students hands-on exposure beyond classrooms. From historical sites to science centers, GIS has organized numerous educational excursions, fostering curiosity and real-world understanding. These well-planned trips enrich learning, encourage exploration, and create unforgettable experiences for students across all grades.









Pre-Primary: Term I trip to Mahadevapura fire station

Pre-Primary: Term II trip to ECC and Cubbon Park Aquarium

Field Trips

When education meets adventure, magic happens.













Grade 1: Term 1 Trip to Lalbagh

Grade 1: Term 2 Trip to Metro Wholesale Market















Grade 2: Term 1 Trip to Jawahar Balbhavan















Grade 2: Term 2 Trip to Rangoli Gardens















Field Trips

"Exploring new horizons, one destination at a time."

Grade 3: Term 1 Trip to Jawaharlal Nehru Planetarium







Grade 3: Term 2 Trip to Bannerghatta National Park





Grade 4: Term 1 Trip to HAL Museum





Grade 4: Term 2 Trip to PFA Wildlife Rescue and Conservation Centre







Field Trips

"And then I realized adventures are the best way to learn."

Grade 5, 6 and 7 ICSE field trips









Grade 5 CIE: Term 1 Trip to Big Barn







Grade 6 CIE: Term 1 Trip to Vishweshwaraya Museum

Field Trips

Field trips: where learning and fun collide.

Grade 7 CIE: Term 1 Trip to Music Museum Term II Trip to Curious City Science Centre









Grade 8 ICSE and CIE: Term 1 Trip to ISRO Term II Trip to Rocksport Adventure Camp

Grade 9 ICSE and CIE : Term 1 Trip to Museum of Art and Photography Term II Trip to Vama Retreat









Grade 10 ICSE and CIE : Term 1 Trip to Gone Mad Factory.

Term II Trip to Chikmangaluru

CROWN OF CREATIVITY

Class Activities

An investment in knowledge pays the best dividend.

Throughout the year, GIS hosted a diverse range of engaging class activities, providing students from all grades with numerous opportunities to showcase their collaboration, and critical thinking. These activities spanned group projects, debates, role-plays, interactive quizzes, science experiments, storytelling sessions, and hands-on art and craft projects, fostering a dynamic and stimulating learning environment.

By participating in these thoughtfully designed exercises, students honed essential life skills such as leadership, communication, problem-solving, and adaptability. Whether through team discussions, research-based presentations, or creative writing challenges, they gained a deeper understanding of subjects while developing confidence and a spirit of teamwork. These immersive experiences not only enriched their academic journey but also nurtured innovation, curiosity, and a lifelong love for learning.



















CROWN OF CREATIVITY

Class Activities

















colour day

Dipped in Colours, Filled with Joy







Colour Day is a vibrant event for the pre-primary students at GIS. Dressed in colors representing different meanings, students engaged in fun activities and games to learn about color symbolism. In a creative and interactive way children foster teamwork and self-expression.













colour day

Brushed with Sunshine, Glowing with Cheer























THE LEGACY BLUEPKINT

Workshops

"Success isn't just about what you accomplish; it's about what you inspire others to do."

Over the entire academic year, GIS conducted a wide array of enriching and insightful workshops for students across all grades, aimed at equipping them with knowledge and values essential for their personal growth and responsible citizenship. These workshops covered a diverse range of crucial topics, including road safety, cyber awareness, mental health and well-being, environmental conservation, financial literacy, first aid training, leadership development, and ethical decision-making. Workshops were also conducted to introduce high school students to different professions, for them to make well defined career choices and also create awareness of the career opportunities presented in universities abroad.



Road Safety and Management Workshop, conducted by Mr. Srinivas, Sub-Inspector of Bangalore Police



Hazards of social media by Ms. Pallavi Ghosh



Career Counselling workshop by Ms. Tejaswini Raaj- an entrepreneur



Workshop on Robotics



Career counselling workshop conducted by RCB'S social media advertiser-Mr. Prasen Moudgal



Workshop by Mr. Vikas Singh, from NCB, on combating the menace of narcotics.

Through interactive sessions, expert talks, and hands-on activities, students gained practical insights into real-world challenges, empowering them to make informed choices and develop a sense of accountability. The emphasis was not just on academic excellence but also on building character, empathy, and resilience. By fostering awareness and instilling strong moral values, these initiatives helped shape not just better students, but responsible citizens and, most importantly, compassionate and well-rounded individuals ready to make a positive impact on the world.







Career counselling workshop by
Mr. Atul Choudhary —a
commercial pilot

Workshop on dental health and its importance by Dr. Neha.



Poetry Workshop



Clay modelling workshop guided by Ms. Kranti Satardekar



Career counselling workshop by Mr. Manobin Devassia on being a Chartered accountant

A CARNIVAL OF DREAMS

EVERY CELEBRATION IS A TRIBUTE TO THE JOURNEY THAT BROUGHT US HERE.

KARNATAKA RAJVOTSAVA

ASYMPHONY OF HERITAGE AND HARMONY

"Land of Sandalwood, land of gold, Karnataka's story is proudly told"

On 11th November, 2024, GIS celebrated Karnataka Rajyotsava with great enthusiasm. The event featured the state anthem, a graceful welcome dance, vibrant folk performances, soulful Kannada songs, and cosplay of iconic personalities. Students beautifully showcased Karnataka's rich heritage, making the celebration a memorable tribute to the state's culture and traditions.













INDEPENDENCE DAY

Freedom in our hearts, Strength in our souls.

On August 15th, 2024, GIS proudly celebrated India's Independence Day with great enthusiasm and patriotic fervor. The event commenced with the solemn hoisting of the national flag, symbolizing the nation's unity and freedom. The air was filled with patriotic spirit as students showcased vibrant dance performances and a captivating cultural program, reflecting India's rich heritage and diversity. The celebration was a true testament to the school's deep-rooted pride in the nation, inspiring everyone present with a renewed sense of patriotism and unity.

















ASSEMBLIES: WHERE IDEAS TAKE FLIGHT

The gathering of minds, a celebration of wisdom

Your Story, Your Legacy - Making a Difference





Throughout the academic year, GIS conducted engaging and insightful class assemblies from pre-primary to higher secondary, each centered around a meaningful theme. From kindness and responsibility to leadership and perseverance, students across all grades showcased their creativity and learning through skits, speeches, and performances. These assemblies not only enhanced their confidence and teamwork but also reinforced essential values. Each session served as a platform for self-expression and character building, making learning beyond textbooks a truly enriching experience.









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MENTORS WHO MAKE A DIFFERENCE

Teachers' Day

Behind every successful student is a dedicated teacher who believed in them.

On 5th September, 2024, GIS celebrated Teachers' Day with immense joy and gratitude. Students organized a series of fun-filled games and activities, creating a lively and heartwarming atmosphere. Laughter and cheer echoed as teachers participated enthusiastically, enjoying a well-deserved break from their daily routines. The celebration was a beautiful tribute to their dedication, leaving them with cherished memories and a deep sense of appreciation from their students.

















NURTURING DREAMS, CELEBRATING CHILDHOOD

Children s Day

Every child is a different kind of flower, and together they make this world a beautiful garden.

On 14th November, 2025, GIS celebrated Children's Day with a grand carnival, bringing joy and excitement to students from pre-primary to higher secondary. The school was filled with laughter and cheer as children participated in thrilling games, fun activities, and lively performances. It was a day of pure delight, where every child felt special and celebrated.

























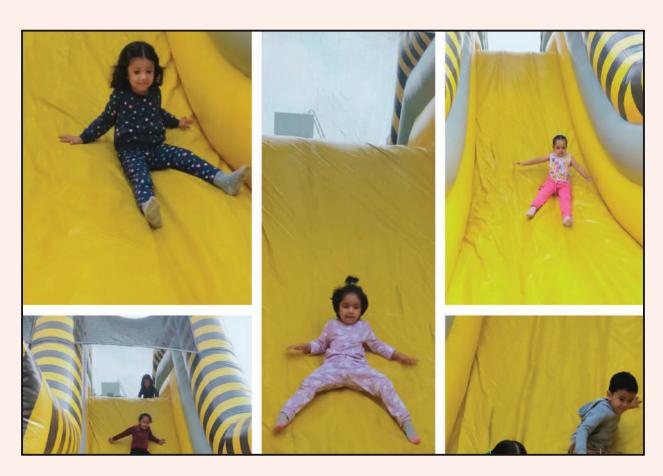










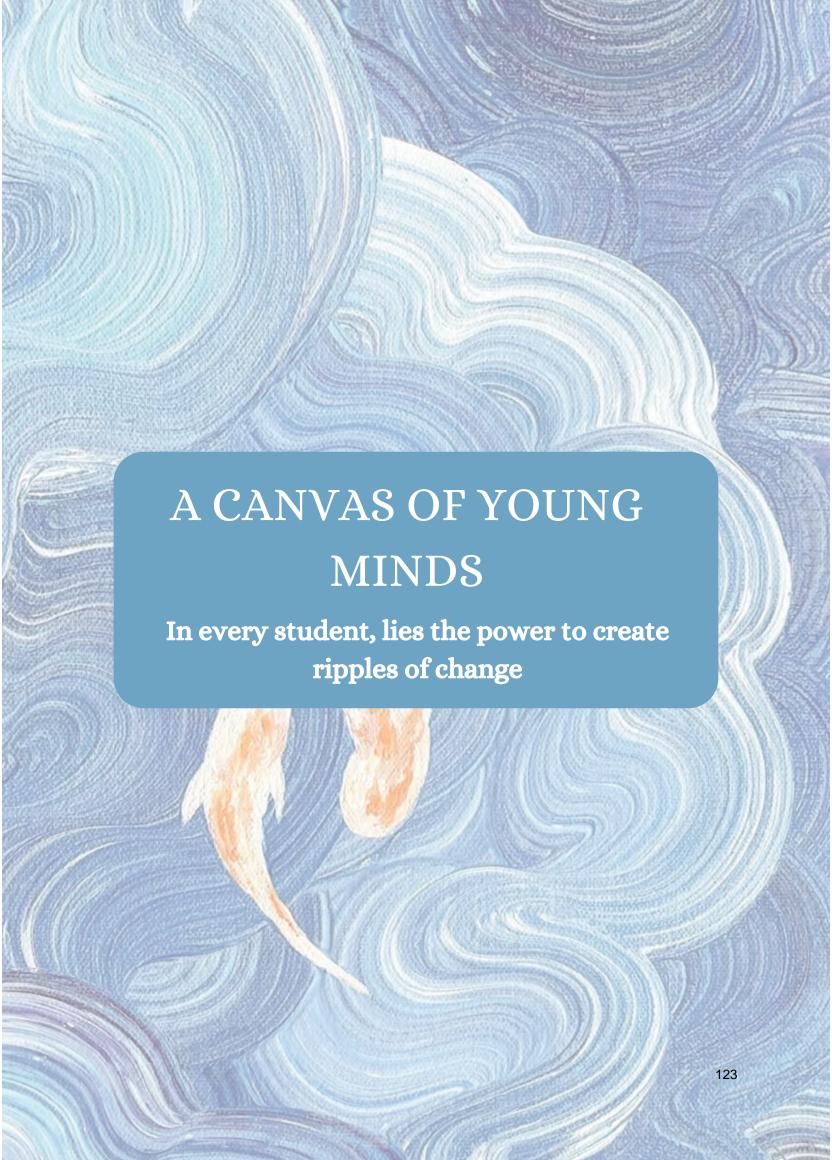












Writing the unwritten

Unplugged Reverie

I chose to roam the bustling streets today, And abandon my phone for a change Because fresh air and sunshine were just what I needed

To stop doomscrolling & to get rid of the sinking feeling.

The elderly were on their early morning hike, The milkman was riding his worn-down bike. Children walked to their schools in sync, The fig trees gave birth to their fallen figs.

Song Thrushes and Sparrows looked for worms And the simplicity of these sights made me yearn, Because who am I if not a blend of these-Simple but complex souls all weaved?

I have always marveled at the ability of Mankind and nature to exist in coordination And I'm glad I decided to put my phone down for once

Because beauty becomes visible only when the screens are off.

Name: Prisha Maheswaran

Grade: XII-ISC

My Sweet World

The cherry blossoms,
The innocent laughter,
The high blue clouds,
The children's secret hideouts.

The brave dragons guarding the sea, The rainbows dancing about, The luxuriously flowing waterfalls, The droplets on the leaves.

The quiet tall hills,
The noisy, low rivers,
The knights fighting at the battlefield,
With their proud, defensive shields.

The roses all over the ground, Happiness all around, The old lustrous stream, This really ought to be a dream!

Name: Leona Ambareesh

Grade: VI-D



Everything

I felt whole when I was there,
My life felt complete
Each and every corner
Engraved with my footprints
I felt everything when I was there
my name written everywhere
I had no worry of fear
"don't worry, you'll be fine" was all I heard
But that was when I was there

There were no limits to my laughter, But then I learnt to be an actor, To hide my smiles
To limit everything
From the carefree child
To the child who feared
I'm here, but I'm there
For I left everything
All I have now is nothing.

Name: Lakshmi Menon

Grade: IX-B



Writing the unwritten

Teens Behind the Curtains

I am now what us humans call, a teenager.
It might be the law of nature,
Yet no one sends a hand for us to soar high.
The challenging stage that dawns before the evolution of a butterfly.

I have turned a new me.

Who can't be recognized as the active kid at three. They say it is the change of a werewolf standing beneath the radiance of the moon,

Transforming to a vicious beast ready to come out of his cocoon.

We change,

But the hint can't be dropped that the comparison is irrational, it's strange!

Unlike that, of the transformation of a mortal to the creature,

Our modification is a keeper.

Yes! Our mood might swing higher than that of what we can imagine.

Leaving adults puzzled on figuring us out, but where do they begin?

What seems like the start might just be the end, But what don't you get, it's not easy to comprehend.

Just because we turn thirteen,
Does not mean we have it all clean.
We are also getting used to, so give us some time,
Then watch how we turn into a pretty little dime.

Name: Aradhana Ray

Grade: X-B

Never Give Up

Don't know the future, don't know nothing, Don't know what happened, don't know anything. Don't even know to climb up the ceiling, Or feel how someone else's feeling.

Even though I don't get it all, I still do.

I keep doing it until I get successful.

When I don't get things, I get angry as heat.

Even though things get harder, I never cheat.

When I fall down, I feel a bit sad but I don't give up and try to again climb up. Standing up again makes me happier than before. Yes, I won't give up, till I get what am looking for.

Name: Miraya Suthar

Grade: IV 'E'

Life

To whom we miss, the sad need a kiss. For, this is a new beginning for one and all in the surrounding.

For every new story gets its own glory, sharper and sadder for its history.

Every knife will get blunt with time, but forwards we strive, that is life!

Name: Dreeta Dhar

Grade: IV-C



Writing the unwritten

The Triangle

It's the Triangle The pointy,
fat triangle.
Oh, little triangle
What can you give me?
Nobody knows how pointy you are.
But everybody knows what you can be.
You can be a mountain tall and strong.
You can be a picture, so beautiful.
I like you oh, so very much.
And the triangle says,
"Oh, thank you very much, yeah I am handsome!"

Name: Rihanna Preenesh Grade: III-D

What a beautiful day it was!

What a beautiful day it was; Not a cloud across the sky. Flowers blooming everywhere, And a lot of butterflies.

But there it came, dark shadow of greed, And as it destroyed me, all I could do was plead.

It took everything from me that was dear; I wanted to cry, but I couldn't waste a tear.

Hotter and hotter I got, save me, or I'll soon be a dry, barren dot.

Name:Ananya Sinha Grade: VII A



My GIS My Pride

Creativity is key to innovation, and innovation is the key to rock the nation.

But for one to do so they would need a station.

Where they along with others could work in cooperation,

Well you would not need to look far
As there is a place nearby glowing like a star.
That place would of course be GIS
Which offers much more than the rest
Music, games, studies whatsoever
Which in fact makes it the best

Name: Chris George Anup

Grade: VII-B



Writing the unwritten

The Exciting Story

It was a bright sunny morning, I woke up and started brushing my teeth, got ready for school and had my breakfast. I was about to sip some milk when suddenly, my glass moved. I was confused. I didn't even touch it, just then I realised it was my brother playing a trick on me, he had tied a thin rope to it and pulled it right when I tried to grab it.

Anyway, back to the story. I went to my bus, sat next to my bus friend. After a while the bus just stopped, and of course, the engine wasn't working. When the driver-uncle went to check the engine, dozens of rats jumped out right when he checked the engine. How strange is that! Isn't it? Somehow we reached school.

After reaching the school, I started walking to my classroom and saw some muddy, odd-looking footsteps. I didn't mind that and just walked by.

Right when I enter my classroom, guess what? I see a baby dinosaur sitting right next to my place. "Thundering Typhoons!!! What are you doing here?!!" I asked.

"Oh, my name is Dodli, and this is my first day of school, I am feeling a little nervous. Can you be my friend, please?"

I just nodded my head, even though I was feeling confused and thinking, "What is happening today!" However, I took a seat next to him, and started introducing myself to him.

Then we all had to go to yoga. Our yoga teacher told us to do somersaults. Dodli tried a lot but couldn't do it at all, and everyone started laughing. Instead of doing somersaults, he did wintersaults. Hahaha! It was so funny.

Then, at lunchtime, we all sat together and talked with Doddle. He was very funny. He told us a lot of funny stories and taught us new games. We all started loving him.

Next was our basketball class. Dodli joined me and he was in my team. Nobody would believe how good he is in the basketball game. Because of his height he was easily putting the ball in the basket. I was very happy that he was on my team.

After reaching home, I was walking in my neighbourhood and I saw Dodli. I jumped out of joy and asked him, "Hey Dodli, what are you doing here?"

"Oh, I just shifted here, I like it better than in my old home," says Dodli.

"Really? That is great! See you tomorrow, bye" I said and walked back home. I had my dinner and went to bed.

Next day, I heard Dodli calling me, "Wake up, wake up!" Right then, everything started disappearing. I slowly opened my eyes and saw my mother.

"Wake up sleepyhead, time to get ready for school", my mother was waking me up. I opened my eyes wide open and realised it was a dream.

I told my mother about my amazing dream and started missing Dodli. I wish Dodli comes true, not only in my dream.

Name: Anshuk Hajra Chowdhury

Grade: IV-C



Writing the unwritten

Dire Wolves are Back? Not Exactly

Why scientists are skeptical about Colossal Biosciences' "de-extinction" breakthrough - and why I am too. Recently, biotech startup Colossal Biosciences made a headline-grabbing announcement: they claim to have resurrected the dire wolf — the legendary Ice Age predator best known from fossil sites like the La Brea Tar Pits and the inspiration behind the direwolves in Game of Thrones. On their website, Colossal stated, "For the first time in human history, Colossal successfully restored a once-eradicated species." It sounds like science fiction. But many scientists say... not so fast. This led to a huge controversy. Colossal didn't bring back a real dire wolf. Instead, they edited the DNA of a gray wolf, inserting 20 gene changes - 15 of which came from ancient gene variants found in dire wolf fossils. The result? Three genetically modified wolf pups, named Romulus, Remus, and Khaleesi. These pups were created by inserting the edited DNA into embryos, which were then implanted into surrogate dogs. We've already learned a lot about dire wolves from fossils - especially the thousands found at Rancho La Brea in Los Angeles. These bones have revealed how dire wolves hunted, what they ate, and even what diseases they suffered from, like arthritis. The goal of Colossal's experiment was to make the pups resemble dire wolves in appearance — with thicker coats, pale fur, and larger builds. But despite the media buzz, scientists say these animals are not true dire wolves. Gray wolves were once thought to be their closest relatives. But a 2021 genetic study revealed that dire wolves were a completely separate species - part of a different branch of the dog family tree. In fact, they split from modern wolves over 5 million years ago. That's a bigger genetic gap than the one between lions and leopards. One scientist even asked, "Would a chimpanzee with 20 gene edits be human?" Another geneticist estimated the result as "maybe 1/100,000th dire wolf." Even if the pups share a few ancient traits, they're not true dire wolves - and it raises a bigger question: what's the goal of this experiment? Critics point out something important: the natural world these animals once roamed is long gone. Their prey is extinct. Their ecosystems have vanished. Right now, the pups are living in a secret 800- hectare U.S. facility — but beyond looking cool in photos, no one knows what their long-term purpose is. To be clear, I think gene editing is an incredible scientific breakthrough. Gene editing - the tech behind this is undeniably powerful. Using a tool called CRISPR (a system bacteria use to defend against viruses), scientists can find a specific gene, cut it, and fix or replace it. And now, thanks to AI-powered molecular de-extinction, researchers are uncovering ancient antimicrobial peptides (natural germ-fighting protein molecules) from long-extinct species - like Neanderthals - that could help fight today's drug-resistant bacteria. Such technology is used in treating Sickle Cell Anemia and is being experimented in cancer treatments. So while companies like Colossal grab headlines with designer wolf pups, scientists are using the same technology to do something far more impactful: save human lives. That's why, when I first heard about this, one thought popped into my mind: Why? Why spend millions trying to bring back animals that may not even survive in today's world? De-extinction may sound thrilling, and it definitely grabs attention — but the truth is, we can't bbring back what's already lost. Resurrecting the past shouldn't be our future. If companies like Colossal truly want to help the planet, I think the most impactful thing they could do is invest in saving what's still here (like the one million species currently at risk of extinction, according to the UN — including elephants hunted for ivory, sea turtles choking on plastic, and bees disappearing faster than ever, threatening our food supply). To me, the real challenge isn't just about what science can do - it's about what we choose to do with it. And right now, choosing to protect life on Earth feels far more urgent than trying to bring the past back to life.

Name: Manasvi Velagareddi

Grade: IX-A



Writing the unwritten



Chandrayaan-3

Chandrayaan-3 was India's third lunar mission, launched on July 23, 2023, and successfully landed on the Moon on August 23, 2023, at 18:02 IST. The mission's primary objective was to demonstrate a safe and precise soft landing on the lunar surface. It achieved this by landing

in the Moon's southern high latitudes, at approximately 69 degrees latitude, closer to the lunar south pole than any spacecraft before. This historic achievement made India the first nation to land a spacecraft near the lunar south pole and the fourth country to successfully

soft-land on the Moon.

The mission was launched from the Satish Dhawan Space Centre in Sriharikota, Andhra Pradesh, aboard the LVM-3 rocket, popularly known as the "Bahubali rocket." Although Chandrayaan-3 is currently in sleep mode, it remains operational and ready for future updates.

The mission's success was spearheaded by Dr. P. Veeramuthuvel, the principal scientist, recognized for his exceptional technical expertise and pivotal contributions to the earlier Chandrayaan-2 mission.

Name:Amaira Luthra Grade: IV-G

My Sweet World

The cherry blossoms,
The innocent laughter,
The high blue clouds,
The children's secret hideouts.

The brave dragons guarding the sea, The rainbows dancing about, The luxuriously flowing waterfalls, The droplets on the leaves.

The quiet tall hills,
The noisy, low rivers,
The knights fighting at the battlefield,
With their proud, defensive shields.

The roses all over the ground, Happiness all around, The old lustrous stream, This really ought to be a dream!

Name: Leona Ambareesh Grade:VI-D





Writing the unwritten

Season of Magic

Snowflakes danced in the air, covering the town of Wyntervale in a shimmering coat of white. Lights decorated every house and the scent of gingerbread and pine wafted through the streets as families gathered around the hearth to celebrate Christmas, the most magical holiday in the year.

Nine year old Elice Evergreen, the apple of her father, Calix Evergreen's eye, came rushing down the stairs on Christmas morning to find a dozen beautifully wrapped presents under the tree. The largest parcel, wrapped in a silver sheet and tied with a pink ribbon, caught her attention.

"Daddy, daddy, are all these for me?" she asked. Her dad nodded in reply and sat her on his lap.

"Dad, I'm opening the big one first!" Elice shouted in excitement as she started tearing open the parcel to reveal a beautiful doll with Asian features, brown curls and hazel eyes.

"I bought her from Vietnam when I went on a business trip last month" Calix told his daughter, smiling. "I love her, I love her, I love her!" Elice cried out joyfully.

Alicia, Elice's mom, came down to see them dancing to the rendition of 'Jingle Bell Rock' and joined them, dancing happily.

Fast forward 11 months later, as Calix was driving home from the Grocery shop, he realized that he was running late to Elice's PTA and sped up. Suddenly, an old lady came in front of the car. He hit the brakes franticly and forcefully, causing the weight of the car to shift forward and lose its grip on the ground, sliding across the road and colliding into a signpost, sending shards of glass flying everywhere. Calix fell on the hard pavement and heard the wails of the ambulance siren getting closer and saw his vision going black.

Meanwhile, as Alicia was waiting for him, she got a call from the hospital saying that Calix had been in an accident and had suffered major injuries to his brain, causing him to go into a coma. Alicia was devastated when she heard the news and started sobbing. Elice who was now ten, lost her sparkle. She treasured her doll, Lizzy as she was the last gift her father gifted her and she thought that Lizzy was what kept the bond between Elice and her dad.

Three years later, in English class, the English teacher announced their project which was a presentation on their most prized possession. They were allowed to bring props to school to help them with their presentation. Elice at once started writing about how and why Lizzy was her most prized possession.

On the day the class was supposed to present, Elice bought Lizzy to school and as she was walking down the hallway, she heard people whisper "She's such a baby, she bought a doll to school." "Does she think she's still a kinder gardener?" and other mean comments. When she saw what other people bought as props in English, she realized she was the only one with a doll and the rest bought books, paintings, etc. Everyone was sniggering and giggling throughout her presentation and she felt utterly humiliated as the teacher looked like she was about to burst out with laughter. Elice wanted to run out of school but she had to wait until English was over as it was the last period to go home.

As she went home, she felt mad at Lizzy as she got embarrassed because of her and, in a fit of rage, she threw Lizzy on the road to be crushed by a car. As soon as she went home she began to regret what she did as she felt that she'd broken her bond with her dad, who had started to slowly regain consciousness for a few minutes at time. That night she wasn't able to sleep as she slept with Lizzy every night.

It was soon the best season of the year, Christmas. Calix was gaining conscious for hours at a time but was going back under again. At home, Elice was unhappy all the time, the guilt of her actions weighing her down. Finally, it was Christmas morning and her mom led Elice to the living room with a smile on her face "I have a surprise for you! Close your eyes!" said Alicia grinning. When Elice went into the room she saw her dad sitting on an armchair with a gift on his lap.

"When did you get back?" Asked Elice surprised.

"I got a text from the hospital two days back saying your dad woke up from his coma. I wanted to surprise you so I picked him up yesterday after you fell asleep. "Her mom said.

'Come on E, open your gift. "Said her father, beaming. When she opened the parcel, she saw a replica of Lizzy.

"What are you gonna name her?" asked her parents simultaneously. "Lizzy"

Name: Kenisha C Grade: VII-A



Writing the unwritten

A Beginner's Guide to Memory

How does one plan one's day? How does one learn in school and write answers in exams? How does one identify or remember oneself or others? How does one even know how to survive? The answer to all of this is memory. The term 'memory' is often imagined as a vast, flickering library inside your mind. Everything stored in your brain—the food you ate for breakfast, the day it is, the name of your dog, the colour of grass—is all part of your memory. Memory is the process of absorbing, processing, and storing information in the brain so it can be retrieved later. It can be divided into two categories: short-term and long-term. Short-term memory is vital for simple tasks such as remembering where you left your car keys. However, your brain eventually discards most information it doesn't consider essential for long-term use. On the other hand, long-term memory plays a significant role in shaping your identity, as it allows you to learn unique skills and retain knowledge for everyday use. In recent years, memory has become a hot topic among scientists. Health experts of the 21st century are studying memory and revealing valuable insights. Every living being is made up of cells. Among the many types, nerve cells or neurons, are responsible for transmitting sensory input from the outside world and carrying commands within the body and brain. According to scientists, memory is formed through connections between neurons. Each time something new is learned, new neuronal connections are made. The more frequently a person revisits or practices a concept, the stronger these connections become. Several factors contribute to the formation of memory. Two of the most important are the capacity of the brain's nerve cells and the chemical secretions involved in storing memory. There are many effective ways to improve memory. Scientists have tirelessly worked to identify what enhances memory and the benefits of having a sharp, well-functioning memory. Among these methods, the most effective are often the simplest. Getting enough sleep, for instance, is crucial. Researchers have consistently shown that sleep helps consolidate memories. Regular exercise also plays a big role. Moderate physical activity improves brain health and increases the volume of areas involved in memory and thinking. In addition to these, one can: • Practice active recall, which strengthens memory retention.

- Use mnemonic devices to associate new information with familiar cues.
- Organize information with lists to make it easier to remember.

Improving memory helps you process and recall information more effectively, enhancing performance in school, work, or daily life. Students studying for exams, new employees learning tasks, and language learners can all benefit from stronger memory skills. Another fascinating area in the study of memory is the exploration of memory-related disorders. Two of the most common and well-researched are dementia and Alzheimer's. These disorders affect not just memory but also behaviour, motor skills, balance, communication, language, and problemsolving—making them particularly debilitating. Treatment and prevention of memory disorders involve medications, mental stimulation, a healthy diet, regular exercise, quality sleep, and stress management. Early diagnosis and cognitive therapy can slow their progression and improve quality of life. Memory is the thread that weaves our past into the present, shaping who we are and how we live. By nurturing it, we preserve not just knowledge—but our very sense of self.

Name: Pragna Krishna

Grade: IX- A



Writing the unwritten

When The Seeds Had A Race

One day the sun told a flower, "You must choose which seeds of yours will get the soil around you, because all your baby seeds cannot grow in the small space there."

Unable to choose between her baby seeds, the flower asked them to have a race. "I want to see who can go the farthest," she said.

Some seeds rushed deep down into the soil without thinking. Others paused and thought and didn't go too far inside. The rest of them copied whatever their favourite sibling did.

Very soon, only very few seeds grew to see the sun above them

The mother flower told the ones who asked about their brothers, "They couldn't make it though they did the same thing as you did because everyone's life is different and each being needs to think for itself before it acts. So always think before you do anything, smart work is the only thing that can get you ahead in life."

Name: Alia Singh

Grade: II-B

when you focus on the good, the good gets better.

Finny And Gill

Once upon a time, in the deep blue sea, there were two little fish named Finny and Gill. They were the best of friends and loved exploring the ocean together. One day, while swimming near their home among the coral reefs, they found a shiny object stuck between two rocks.

Finny was very curious and wanted to take it back home to show their friends. But Gill remembered what their mother had told them: "Never pick up anything strange from the ocean floor; it might not be safe." Finny didn't listen to Gill's warning and tried to pull out the shiny object.

Suddenly, out popped a crab from behind the rocks! "That's my home you're touching," said Mr. Crabby in a grumpy voice. Finny got scared and quickly swam away with Gill following behind.

When they reached safety, Gill said to Finny, "We should always listen to advice from those who care about us; it's for our own good." Finny nodded in agreement and apologized for not listening earlier.

From that day on, Finny always remembered to respect their underwater neighbors' space and follow wise advice from friends and family. And so should we all!

And that's how Finny learned that being curious is good but staying safe is even better!

Name: Shivanshi Biswal. Class: UKG C





Writing the unwritten

Be Caring

Once upon a time, there was a girl named Diana. She was a good girl except she was not caring at all! Every day, all her toys would be on the floor. But, one day everything changed. That day Diana's aunt came to her home.

Diana's aunt said, "Diana I have got a gift for you; I am sure you will like this surprise."

When Diana opened the gift, she saw it was a book about Grammar and she didn't like reading books. Her aunt asked, "did you like it"!

"Of course, I did", said Diana in a very annoyed voice and went straight to her room. She angrily tossed the book on the floor over and over again and didn't pick it up. Then she came back to the living room angrily. Her aunt left at late night.

Diana's mother said to her, "Diana, it's time to go to the bed as it's late night."

"What"? said Diana because it was her summer vacation, so she used to sleep later than this. The mother took Diana to her room. When Diana's mother was going, she saw the book was lying on the floor. She picked it up and angrily said to Diana, "Diana, why is the book lying on the floor? I have told you so many times to take care of your things. Did you listen to me, Diana?"

Diana said "No". Diana's mother said, "Now go to sleep".

Diana went to sleep. When it was exact 3 o'clock in the night, she heard a growling noise. It got worse, so she had to wake up to see the thing that was growling at her. Diana screamed as she saw that the book her aunt gave her was growling at her.

The book then said to Diana, "Ugh, you careless girl, why did you throw me on the floor? I will teach you a lesson you will remember your whole life as I am a magical book, not any ordinary one. Your aunt knows that you don't like reading, and you are not caring. This was a test to see if you would take care of me even though you don't like me." Diana said to the book, "I am sorry. Don't do anything to me."

The book said to Diana "No, it's too late now. I need to do it."

Diana kept on screaming "Ouch, help me" as the book was using its power to throw her on each side of the bed. After that the book said, "This is how much pain I felt when you tossed me on the floor just like this".

After some time, the book put Diana back on her bed. Diana was crying as she had got hurt everywhere just like the book got torn in the pieces when she did the same thing to the book. Diana said, "I will be caring from now on but please help me to stop all the hurting."

The book said, "I do have a solution".

Diana said with joy "Tell me now, I can do anything to stop this hurting". The book asked, "Could you even slap yourself?" "Yes, I can if it will work", said Diana.

The book said "Okay, then do it."

Diana slapped herself as hard as she could. After that she woke up in her bed.

She saw it was already morning. The book was on the floor just like nothing happened. Diana realized it was a dream and Diana did the right thing and picked up the book and read it. After reading, she kept the book in a drawer.

Diana's mother called her as she was watching what Diana had done. She said to Diana "Oh wow. Diana, since when have you started to take care of your things".

Diana replied "Oh mother! Yesterday, when I was sleeping, I heard some sound and woke up. And then the book that my aunt gave me talked to me and told the truth and taught me a lesson that I still remember today and will always remember. So, from now on I will always be caring my whole life".

Diana's mother told "My child" and hugged her.

After that Diana was very caring with everything and she lived happily ever after with her mother.

Moral of the story: Always be caring or else Karma will teach you a lesson rather in a good way or in a bad way that you will remember your whole life.

Name: Anika Sree Grade: III-B

Writing the unwritten

An Exam Predicament

It was a normal, peaceful afternoon. Eshika had just returned from school and was just reading a book, when her phone started ringing. It was her friend Arya. "Hey Arya! What's up?" Eshika asked. "Hi Eshika.... Arya replied. Her voice sounded dull and cracked, as if she had been crying. "I...Need help..." "With what?" Eshika asked, worried. Arya started to cry. Then she started ranting about something while sobbing, but Eshika couldn't understand "Arya, calm down. I'll help you!" Eshika said. "But first, could you repeat all that more clearly?" Arya then explained how she was searching her bag, when she found the question paper for next week's biology exam in it. "I don't know what to do! If someone finds out that I have this, I could get expelled, not to mention how disappointed my parents would be! They'll all think I stole this so I could cheat!" Arya finished, wiping her tears. "Did you read it?" Eshika asked, calmly after she heard the story. "Of course not! Arya replied. "If I read it, that would be cheating. It wouldn't be fair to the others who are taking the exam. I want to earn my marks, and make my parents proud with hard work and dedication!! Besides, cheating is wrong."

Eshika smiled at this. She was proud of her friend for not cheating. Any other kid in Arya's place would have been unable to resist the temptation of cheating. "So? Will you please help me?" Arya asked. "I need to find a way to get this back to the teacher without her noticing, but I don't know how." "Of course I will!" Eshika replied. Eshika and Arya spent the rest of the afternoon trying to come up with a plan to give the paper back to the teacher without getting caught.

The next day, Eshika walked to Arya. "Do you have the paper?". "Yes. "Arya replied. "But Eshika, are you sure this is the right idea? I mean, I know I was against cheating, but I gave it some thought, and maybe if we cheat, we can get good marks and make our parents proud of us, for once!" "Arya!" Eshika exclaimed. "You said it yourself, cheating is wrong, and it's not worth getting good marks if you don't earn it yourself. Even though you'll get good marks, the guilt will follow you forever and you'll never forgive yourself.". "You're right, but..." Arya still looked hesitant. "Look Arya, I know it's tempting, but you have to listen to your heart. Deep down, you know cheating is wrong, and the right thing to do is to give the paper back to the teacher." "you're right, Eshika, thanks." Arya smiled. "Now, do you remember the plan"? Eshika asked. "Yes". Answered Arya. A few minutes later, the biology teacher walked into the room and started talking about something or the other, while Eshika and Arya went over the plan in their minds. Halfway through the lesson, Arya raised her hand. "Ma'am, may I go to the restroom?" she asked. "Yes," replied the teacher before continuing the lesson. Arya winked. The plan was underway! When she got near the door, Arya pretended to slip and fell to the floor, screaming in 'pain'. Everyone got out of their seats and ran to her, including the teacher. Perfect!

Eshika grinned to herself, grabbed the papers and ran to the teacher's desk. There she saw a folder. She quickly snuck the paper back into the bag, before running to the crowd surrounding Arya.

"Are you okay"?. She heard the teacher say to Arya. She quickly waved to Arya, telling her that the job was done. "Yes Ma'am." Arya pretended to wince as she slowly got up. "It hurts a bit, but I'm sure it'll be fine soon. "Okay, then". The teacher said before instructing everyone to get back to their seats.

After class, Arya ran to Eshika with a huge smile on her face. "Eshika! Thank you so much for that! You're the best! She hugged Eshika." You're welcome, Arya!!" Eshika said. "You know, you were pretty great too. You resisted the temptation of cheating, even though it was hard and like you said, it's better to earn your marks on your own with hard work and dedication. If you cheat and receive praise because of good marks, the praise is not meant for you.

Name: Diya Bisht Grade: VIII-C

Writing the unwritten

The Pressure to be Inspring on Social Media Is it too Much?

I'll be honest, scrolling through Instagram these days feels like everyone's living their best life. From motivational quotes to perfect workout routines, travel pics, and success stories, it's easy to feel like you're falling behind. With so much "inspiration" flooding our feeds, it begs the question: Is all this pressure to be inspiring too much?

It's not just about posting a radical mirror selfie anymore. Social media has evolved into a highlight reel of success and motivation. Take a scroll through your feed and you'll likely find influencers and creators telling you to "live your best life," "the perfect day-out" or "side-hustle". But here's the thing: most of these posts leave out the hard parts — the struggles, the bad days, and the messy moments that make us - human.

In a world where social media feeds are filled with "motivational" content, it's no wonder that many of us feel the need to share only the best parts of our lives. It's like there's this invisible pressure to keep posting, keep inspiring, and keep up the "perfect" image. After all, if we're not posting something that motivates someone else, what's the point?

All this "inspiration" isn't always as uplifting as it seems. In fact, it can lead to some serious mental health strain. The more we see others being productive, happy, and on top of their game, the more we start comparing ourselves. Ever look at someone's Insta and think, Why am I not as successful as them yet? or How are they always so put together?

This constant comparison can lead to anxiety, self-doubt, and a feeling of inadequacy. We're not all living perfect lives, and that's okay. But when social media only showcases the highlights, it's easy to feel like we have to live up to an impossible standard.

You might feel like you're pretending to have your life together when, in reality, you're struggling with the basics. But how do you show the real you when everyone else seems to be selling perfection?

The reality is that social media can be inspiring — when it's done right. Positive, uplifting messages are great, but they can quickly turn into pressure when they feel like a constant demand to be perfect. It's important to strike a balance between sharing motivation and showing up as your authentic self.

Maybe the most inspiring thing we can do is give ourselves a break from the pressure to always be "on." Imagine a world where we didn't have to pretend everything was perfect or motivational to be valuable. We could just be ourselves messy, complicated, and real.

So, next time you find yourself feeling like you have to post an inspiring message or "grind" your way through life just to keep up, remember: it's okay to be imperfect. Social media shouldn't be a place for competition or comparison. It should be a space for connection, growth, and realness. Let's focus on sharing our truth, not just our wins. Because, in the end, it's the messy, honest moments that are truly inspiring.

Name: Burhan Grade: XI ISC



Writing the unwritten

Space Research

Space Research is a scientific study carried out in outer space, and by studying outer space. From the use of space technology to the observable universe, space research is a wide research field. Earth science, materials science, biology, medicine, and physics all apply to the space research environment. Space research investigates objects and phenomena in the Solar System and distant galaxies, as well as the Universe as a whole. India's leading space agency, Indian Space Research Organisation, [ISRO] is an organization which conducts *space research*. Vikram Sarabhai, the founding father of the Indian space programme, quickly recognized the benefits of space technologies for India. Dr. Sarabhai was convinced and envisioned that the resources in space have the potential to address the real problems of man and society.

The benefits of space can be categorized as either direct or indirect. The direct benefits of exploration include the generation of scientific knowledge, the diffusion of innovation and creation of markets, the inspiration of people around the world, and agreements forged between the countries engaged in exploration. Through space exploration, we gain a new perspective to study Earth and the solar system. We advance new technologies that improve our daily lives, and we inspire a new generation of artists, thinkers, tinkerers, engineers, and scientists. However, it poses a great risk to astronauts. For example, we lost Kalpana Chawla in the Space Shuttle Columbia disaster which occurred on February 1, 2003. Regardless, space research gives us information about various topics, with or without risks.

Did You Know?

Although Neil Armstrong was the first person to walk on the moon, Yuri Gagarin was the first person to visit outer space. Valentina Tereshkova was the first woman in outer space.

Name: Advika Awasthi

Grade: IV-A

Being a Good Servant, to a Bad Master

From a harmless time pass, to a harmful habit! The tendency to swipe, watch, record, or type...... which impacts your mental health leading to jealousy, then depression; ...getting mastered by it!

Going through random websites, getting overwhelmed by the information..., the moment being as anxious as ever; Reading everything meticulously..., out of serendipity...., treating yourself as it's Servant!

What is 'it'?? Social Media?
Lying in one corner, getting rotten!
Do you think it is worth it?
Time to pause and ponder...
Who is more important- YOU or SOCIAL MEDIA?

Name: Sattvika Acharya

Grade-IX-B



Writing the unwritten

India's Olympic Voyage

The Paris Olympics 2024 concluded on 11th August, marking India's 26th participation. Our contingent of 117 players went with high hopes, and we at home wished for their success. However, the event began with controversies over facilities, food, and weather. Despite setbacks, our athletes fought till the end. Though many hopes were crushed, a few medals brought moments of joy. India won a total of six medals this year.

Despite having the largest population, India still lags behind in the medal tally. Smaller nations like Uzbekistan and Slovenia outperformed us, while countries with smaller populations, like the USA (125 medals) and Australia (52 medals), excelled. Why does India, after 78 years of independence, struggle to achieve Olympic success?

One major issue is society's orthodox mindset, which prioritizes academics over sports. From a young age, children are pressured to excel academically, and their sporting talent is often overlooked. Unlike other countries, India lacks institutions that train students in both academics and sports simultaneously, forcing many to abandon their athletic dreams.

Sports academies in India are limited and often cater to the elite. Most schools and colleges lack proper sports facilities, especially for disciplines like shooting, gymnastics, and javelin throw. Talented children from poor backgrounds struggle without government support for training, diet, and equipment.

Traditional Indian sports like wrestling, Mallakhamba, archery, Kalaripayattu, and kabaddi receive little encouragement, and even our athletes fail to excel in them. There is also a significant urban-rural divide; raw talent in rural areas remains undiscovered, while urban players receive more opportunities.

India's sports budget is inadequate compared to other nations, and corruption hinders fair selection. While India performs well in the Commonwealth (61 medals) and Asian Games (107 medals), the Olympic results remain disappointing.

Addressing these issues is crucial for India to excel at the Olympic level. Let's hope for better opportunities and support for our athletes in the future.

Name: Prateek Mohanty Grade: XI-ISC

"Whispers Between the Walls"

Beneath the willow,
whispers drift like dreams,
In quiet hallways,
where hearts quietly scream.
The world spins fast in its constant chase,
But we linger in time, hidden in place.
Unseen glances through panes of glass,
A spark too timid to boldly pass.
In the crowded halls where footsteps fade,
Our secret love in shadows is laid.
Fingers brushing just a breath too close,
A stolen moment no one else knows.

The locker doors close with secrets concealed, A glance exchanged, emotions revealed. In the hum of the classroom, we stand apart, Yet in stolen moments, we share one heart. Words left unsaid, a bond too pure, Caught between silence, a love so sure. Each fleeting smile, each quiet touch, Holds the weight of feelings too much. In the spaces between the noise and the light, Our love is hidden, out of sight.

Name: Sidharth Kannan

Grade: IX CIE

Writing the unwritten

Mother Earth Needs You!

Millions of animals die each year due to the consumption of plastic. I wanted to contribute my part in saving the animals by recycling the plastic covers I got from milk vendors or at the grocery store which when left unsupervised are thrown mindlessly in the environment. As a supporter of the development of a sustainable environment, I started collecting the plastic bags, washed them, sun-dried them and then gave them to a startup. The startup used these recyclable goods to make new products. I also segregate wastes by allotting separate bins for the Bio-degradable, dry and the non-recyclable wastes which hastens the recycling process. Though the routine is a little laborious, it gives me a feeling of accomplishment in making the world a better place.

Here are a few steps which you can adopt to be sustainable in everyday life: -

- 1. Use a bicycle or public transport when you can.
- 2. Use Natural cleaners made from bio-enzymes.
- 3. Carry your own cloth bag & try to buy ecofriendly products when you go out shopping.
- 4. Try using LED or CFL bulbs and turn off lights when not necessary.
- 5. Remember the 3R's of environment: Reduce, Reuse & Recycle.

Together we can paint a brighter future!

Name: Aarthi Grade: XI-ISC

The Wish I Had

Riding on a car along the hills, I made up my mind, Amidst the chills. Looking around the valleys, beauty But alas, the wish I had Was not beauty, but a bucketful of snow. Riding through the hills, feeling sad, Where was it—the snow they show In pictures and videos and newspapers, In magazines, books, and TV shows? I ask this question to you, nature. The car moved on, the wind that blows. Then, suddenly, I spotted a tint of white. Oh, my wish-it came true! It was snow—what a sight! This sight on the hills was surely a treat. It was this that made my trip complete.

Name: Adyasha Senapati

Grade: VII-B





Writing the unwritten

Nature Conservation Day

We celebrate Nature Conservation Day annually on July 28th. It is a day for raising awareness and protecting our environment and biodiversity. Earth's resources are being consumed extensively because of many factors, like population growth, industries, unsustainable practices, etc. This is leading to climate change, global warming and a scarcity of resources.

By utilizing renewable energy and sources, we can minimize reliance on non-renewable resources. We can switch to solar power, hydroelectricity and wind power to generate energy in the place of fossil fuels which take millions of years to form. Studies show that humans use 73% of resources that the Earth can generate in a year. Some ways to conserve nature and reduce our carbon footprint include sustainable modes of transportation like bicycling, carpool and using public transport, limiting electricity use, and much more.

All projects and initiatives should incorporate sensible and sustainability principles to leave minimum carbon footprint for a brighter future of the society. Conservation efforts should be taught as a lifestyle choice for younger generations from childhood to achieve impressive results.

Let us all come together on this day to increase awareness of protecting our own environment and Earth's precious resources by taking an oath to conserve our nature.

"The greatest threat to our planet is the belief that someone else will save it" - Robert Swan

Name: Samvedya Lakshmi Koti

Grade: VII-A



"Those who conserve and preserve nature deserve to be part of nature."

Writing the unwritten

Living Forever - A Dream Or A Nightmare

At its core, immortality refers to the eternal existence of an individual's consciousness or soul beyond the physical demise of the body. Philosophers have grappled with the nature of immortality and its implications for centuries not just at the philosophical level but also at a scientific level when alchemy was used to try and use gold to create the elixir of life which would grant them immortality. Let's look at the hypothetical concept of immortality from various angles. The prospects of immortality challenge the foundational aspects of human existence, giving rise to questions about the purpose of life when it is no longer bound by the compass the we call mortality. While the idea of living forever might sound like a dream come true, the truth behind this ethereal dream is actually much deeper than we realise. First, let's start with science. The part of the chromosome that governs the phenomenon of aging is the telomere. As the telomere shortens, we grow older. Scientists have made significant strides in this field by experimenting with genetic mutation and anti-aging drugs and are closer than ever to slowing, halting or even reversing aging.

Let's assume that they succeed. At first it seems as if your wildest dreams have come true. No more wrinkles! No more aching joints! No more diseases! But here's the thing. Once we start living forever, Everything changes. Thus, when man starts playing God utter chaos ensues everywhere. The first and foremost implication of immortality is overpopulation. This is a major concern in a world without immortals and the addition of immortals would be like adding insult to injury. How would we handle the sheer number of people? Where would we find resources like space, food, water, and energy to sustain an ever growing never dying population? We are already seeing a massive strain on our planet's resources and adding billions more people would push us into an absolute coffin's corner

Now, even if scientists do succeed in achieving immortality, it wouldn't come cheap. This means only the rich could afford it, but what about the others? This would cause an enormous, unprecedented class divide. This could lead to the formation of a new society in which a select few hold power and would make today's inequality look trivial in comparison. Death has more significance in the life cycle than we actually pay heed to. It doesn't just signify the end it marks new beginnings. Just like how a tree needs to shed its leaves in order to grow stronger and healthier ones, humans need death in order to create new beginnings and maintain a natural balance. Immortality doesn't mean living forever, it means living with yourself forever. While you might be immortal, you are going to have to witness the deaths of your loved ones around you (unless they are also immortal, of course) which is going to have a heavy impact on anyone who experiences it. These were my thoughts exactly when reading the book "The thousand-year-old boy" by Ross Welford Immortality is a concept fraught with peril. Humanity thrives on balance, the balance between life and death and by seeking eternal life we risk disrupting this equilibrium plunging into a nightmare that could very well annihilate the very essence of what makes us human.

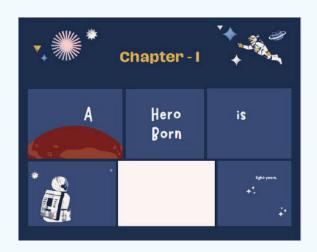
Immortality is an alluring concept but, its cons far outweigh the pros. The natural rhythm of life and death is essential for sustaining both humanity and the planet. By attempting to escape mortality, we risk plunging into a dystopian reality of overpopulation, resource depletion and societal inequality. Moreover, Immortality could take away the meaning of life and leave us with monotony and emotional isolation. Death though difficult to accept, paves the way for renewal and gives meaning to life. Rather than chasing eternal life we should be happy with the time we have and make the most of it. The motto being "live the most, not live forever.

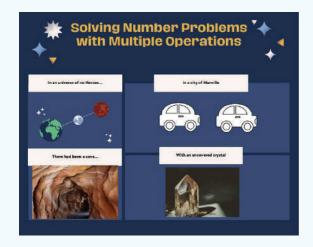
Name: Idhanth J Rao

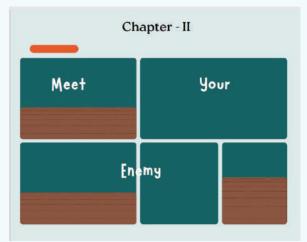
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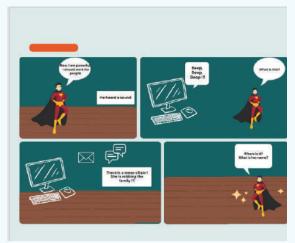


Writing the unwritten





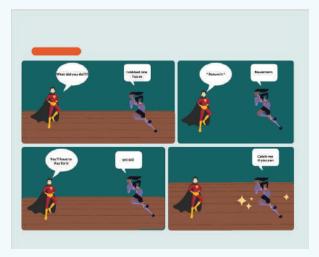




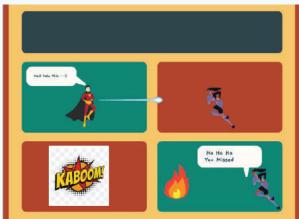




Name: Aarav Garg Grade: V-A CIE 141















Name: Aarav Garg Grade: V-A CIE

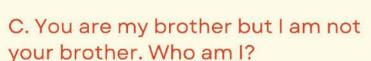
Writing the unwritten

Tharunika Muthuraj 4 E



A. What room has no doors or windows?

B. What comes once in a century, twice in a lifetime and never in a thousand years?



D. I am a table but you can eat me. What am I?

E. What starts with an 'E' but has only a single letter in it?

F. The more you take me the more you leave me behind. What am I?

G. What kind of coat can only be put on when it is wet?

H. What can you catch but not throw?

E. An Envelope F. Footsteps G. A coat of paint H. A Cold A. Mushroom B. The letter 'e' C. Sister D. Vegetable



























BRUSHSTROKES OF CREATIVITY

Every stroke of the brush tells a story untold.

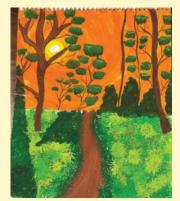




Vidhyashree Jeyandran Grade XII - ISC



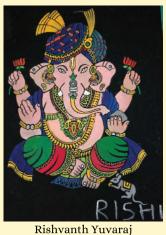
Grade: VI C - ICSE



Ritvik Sendhilkumar Grade III D- ICSE



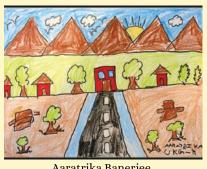
Bruna Trisha Grade X C- ICSE



Grade: VI E - ICSE



Naira Pate Grade: II D - ICSE

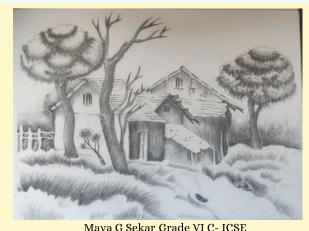


Aaratrika Banerjee UKG-A



Amaira Luthra Grade: IV G - ICSE





Maya G Sekar Grade VI C- ICSE



Mishika Modi Grade VII D-ICSE



Kavya Agarwal Grade V C-ICSE



Tejas Varshney Grade IV E-ICSE





Moganti Thavanesh S Grade VIII B- ICSE



Surabhi Mohan Grade X B- ICSE



Grade III D-ICSE





Mithraa Ananth Grade II B-ICSE



Arjun Abhijeet Bhatt GradeV C -ICSE



Diya Arunmathi Grade III B - ICSE



Ansh Kumar Grade VI C - ICSE



Bhanukarthika V Grade VII C-ICSE



Grade IV G-ICSE



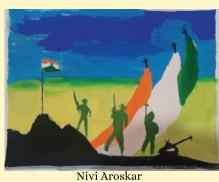


Eva Kumar Grade X B - ICSE





Ahana Aroskar Grade II D-ICSE



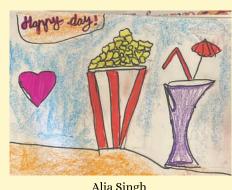
Grade II D-ICSE



Bruna Trishna Grade X C- ICSE



Mishika Modi Grade VII-D ICSE



Alia Singh Grade II B - ICSE

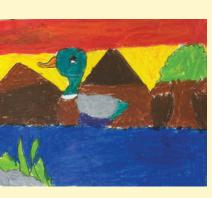








Shreshta Grade I C-ICSE









Anvi Koshal Grade VIII C-ICSE



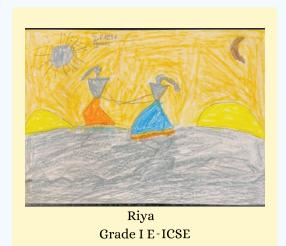
Grade VIII B - ICSE



Nishika Mukku Grade X B-ICSE









GIS PODCAST Where curiosity meets conversation.

Podcast with Mr. Neville D Monte Music Maestro of GIS





Interviewer: Aneesha Interviewee: Neville Sir Date: February 19th, 2025.

<u>Aneesha</u>: Good day, Neville Sir. I'm truly excited to have this conversation with you today. As one of the most respected and admired teachers, I'd love for you to begin by introducing yourself.

<u>Neville Sir</u>: As you said, Aneesha, my name is Neville, and I've been teaching music here for about 10 years now. It's been a rewarding experience, and I've loved watching students grow and develop their passion for music

Aneesha: As you look back on your years at the school, what is the moment which you have enjoyed the most?

 $\underline{\text{Neville Sir}}$: Every year has its own special memories, but I guess 2019, the year the Gminors won the first national level competition, is top.

Aneesha: What is a cherished memory you have in the school?

Neville Sir: Every time a child gets on stage to perform, its an achievement.

Aneesha: What has been the most rewarding aspect of teaching music to generations of students?

<u>Neville Sir:</u> Knowing that I have introduced my kids to some classic hits from the years gone by, maked it special when they perform.

Aneesha: What do you think has been the key to your success in leading students to victory in competitions?

Neville Sir: Gods blessing over my life and consistent practice.

Aneesha: As a mentor, how did you bring your students into the limelight?

<u>Neville Sir</u>: Making sure the kids start to believe in themselves and make them get in it to win it.

Aneesha: What is something you enjoy about teaching in GIS? What is your favourite aspect of being a music teacher here

Neville Sir: The freedom to do what I love to do, knowing the school stands to benefit from the is process. I enjoy this.

Aneesha: Since you have joined the school till today, what has been the trajectory of the school's endeavours in music?

Neville Sir: GIS has gone from being the unknowns at Music competitions to the team to beat.

Aneesha: Thank you sir for those enlightening words and inspiring us to pursue our passions.



Podcast with Arun Radhakrishnan (Alumni)





Interviewer: Aneesha Interviewee: Arun Radhakrishnan Date: March 26th, 2025.

Aneesha: Welcome! Could you introduce yourself briefly?

Arun :I'm Arun Radhakrishnan, a GIS student from prep to grade 10, with diverse interests—from arts to analytics—but above all, I value human connection.

Aneesha: What sparked your interest in AI and how has it evolved into your current pursuit of Computer Science?

Arun: Tech became my passion in Grade 5 through Computer Club, where I saw creativity and logic blend seamlessly—fuelled by mentors and exciting projects, my interest kept growing.

Aneesha: What are the most promising AI applications you believe will shape the next decade?

Arun: AI's rise was inevitable, offering smarter, flexible solutions beyond traditional algorithms. It's transforming diagnosis, drug discovery, language barriers, and global communication.

Aneesha: Should AI development be democratized or more tightly regulated to prevent misuse?

Arun AI misuse is a risk, but banning it isn't the answer. Governments need smart, clear regulations that penalize misuse without stifling innovation. Striking a balance between safety and freedom is key.

Aneesha: What are you thoughts on the ethical concerns surrounding AI -like surveillance, bias, job loss?

Arun: Addressing AI's privacy, security, bias, and ethics needs global cooperation and input from philosophers, lawyers, scientists, and policymakers. But real change starts with us—the new wave of AI engineers—committed to building ethical, reliable systems with awareness of their global impact.

Aneesha: What advice would you give students interested in AI and technology regarding learning resources, project-building, and staying ahead in this evolving field?

<u>Arun:</u> There are many paths into tech and AI, each catering to different interests. Reading articles and replicating projects, like coding simple apps, helped me learn by doing. The key is to stay curious and keep learning, as there's a wealth of inspiration out there. Ultimately, the most important resource is passion—follow it, and everything else will fall into place.

Aneesha: Thank you for sharing your views. This has been an enlightening conversation!

Arun Radhakrishnan: Thank you! Wishing the students the very best for their academic journey.



Podcast with Sahasra (alumni) Reflecting on School and Success





Interviewer: Shivatmika Routh Interviewee: Sahasra Adurthi Date: February 13th, 2025.

<u>Shivatmika</u>: Could you introduce yourself to our readers?

<u>Sahasra</u>: I'm Sahasra Adhurthi, a GIS student from 3rd to 10th grade, graduating in 2024, and recently completed my 11th grade at NPS Whitefield.

Shivatmika: What was the most memorable moment of your final year?

<u>Sahasra</u>: 10th grade was about friendships; being part of the school band and a memorable field trip to Mysore with friends were highlights.

Shivatmika: How did your time at school shape your approach to academics and life?

<u>Sahasra</u>: 10th grade taught me to balance studies, extracurriculars, and friendships, which I've continued to carry forward.

Shivatmika: How did you manage to balance academics with extracurriculars?

<u>Sahasra</u>: I scheduled study hours and planned fun activities afterward, focusing 100% on study time and maintaining balance.

Shivatmika: What were the key factors in your success?

<u>Sahasra</u>: Consistency during exam time and focusing on textbooks like Selina were key to my preparation and success.

Shivatmika: How did the school environment contribute to your growth?

<u>Sahasra</u>: GIS felt like a second home, providing a comfortable environment that supported both academic and personal growth.

Shivatmika: What was your favorite study method?

<u>Sahasra</u>: I studied in small chunks with breaks, using textbooks and past question papers to cover all topics before exams.

Shivatmika: What sets GIS apart in supporting high-achieving students?

<u>Sahasra</u>: GIS balances academics with extracurriculars, allowing participation in activities even during critical academic times, with supportive teachers.

Shivatmika: What advice would you offer to this year's candidates?

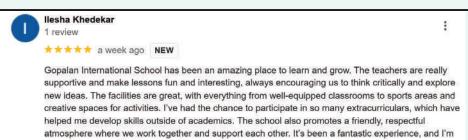
Sahasra: Don't stress too much about the boards-study hard, enjoy 10th grade, and manage stress.

Shivatmika: Thank you, Sahasra!

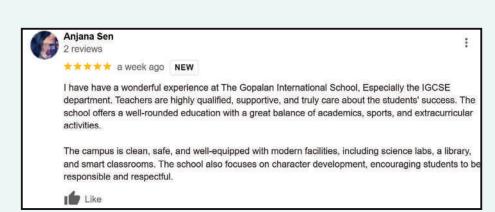
Sahasra: Happy to help!

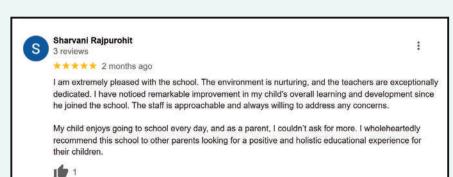


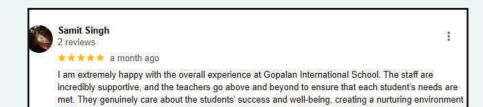
THROUGH THEIR EVES: PARENTAL PERSPECTIVES



atmosphere where we work together and support each other. It's been a fantastic experienc grateful for everything I've learned here.







I am delighted to share my positive experience with GIS The school excels in creating a nurturing and dynamic learning environment that truly supports students' academic and personal growth.

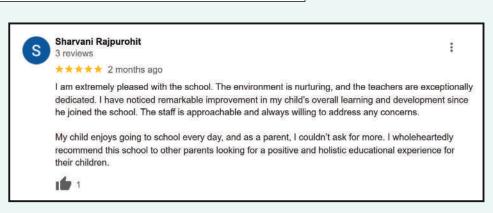
The curriculum at GIS is well-rounded and rigorous, ensuring that students are well-prepared for higher education and future careers. The teachers are highly qualified and passionate about their subjects, which is evident in their engaging teaching methods and commitment to student success. The school places a strong emphasis on both academic and emotional support. There are various resources available, including counseling ,support classes, and extracurricular activities, all aimed at fostering a well-rounded education and supporting students' diverse needs.

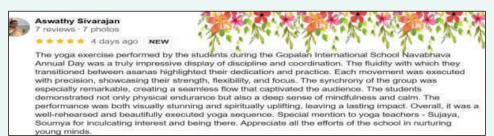
The school maintaine excellent communication with parents and guardians, keeping them informed about their child's progress and school events.

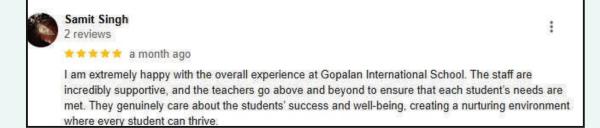
We are happy to be a part of GIS family

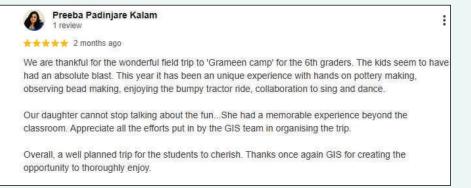


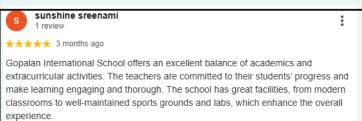
GIS is a very good school focusing on curriculum and extra curricular activities. The teachers are very supportive and take extra care for each kids. They motivate and encourage the students in they work the annual day was outstanding. Three cheers to teachers and the kids for giving us a fantastic performance. They have put so much effort and left us all awestruck. Especially the kali and kalyuga dance gave us goosebumps. Thankyou teachers and team for making the annual day a special and memorable event. It was like watching a movie (a) (b) (a) (a) (b)











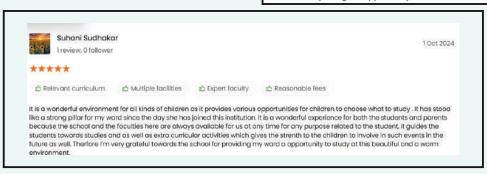
I appreciate how much emphasis is placed on values, alongside encouraging creativity and participation in events like sports day, cultural programs, and competitions. The school prioritizes all-around development rather than just focusing on academics.

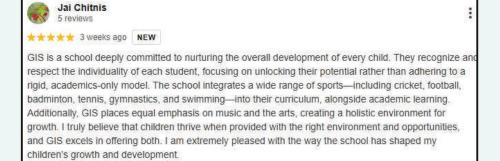
The environment is positive, supportive, and inspiring, making it a great place for kids to grow and thrive. Highly recommended for anyone looking for a school that truly cares about their students!

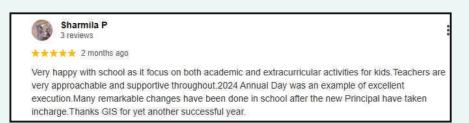


Gopalan International school currently held the Annual sport day for all grades. It was a very well organised event. I must say the class teachers, middle school coordinator, sports coaches, and the principal had put in lot of efforts in planning and executing the overall event. Every student got the opportunity to either perform in the grade performances or gymnastic or yoga and multiple other activities.

I want to sincerely thank all and grateful that my daughter is part of this school where everyone gets opportunity to excel.







GIS BULLETIN

News that Matter, Achievements that inspire

ICSE - WEST SIDE PLUS SCHOOL NAME	RANK
Presidency School, Nandini Layout	1
ICSE - WHITEFIELD PLUS SCHOOL NAME	RANK
Gopalan International School, Hoodi	1
Gopalan National School, Brookefield	2
The Green School, Bangalore	3
Ryan International School, Kundalahalli	4



Collective artwork illuminates school with joy

Gopalan International School

In the spirit of Diwali, students came together to create a vibrant, large-scale artwork. Student from every level contributed to a small sheet of art, showcasing Diwali themes like crackers, diyas, sweets and lights, which were then

pieced together to form a beautiful, unified collage. The result was a captivating



masterpiece that celebrated the colours and joy of Diwali, while emphasizing the values of collaboration and teamwork. This initiative not only highlighted the creativity of our students but also fostered a sense of togetherness as they worked hand in hand, united in a shared vision.

Just as Diwali lights brighten our lives and bring us closer, this col-

lective artwork has illuminated the school with joy and unity.

Gopalan International School he Valedictory function was a magnificent evening filled with nostalgia and joy. The event began with the valedictory march, led by director Sunita Prabhakar, princi-



pal Rajashree Nitin Chaudhari, and all coordinators, followed by the graduating students.

The ceremonial lamp lighting and prayer set a reverent tone for the evening. The evening featured vibrant dance performances and soulful singing, complemented by a touching video presentation that moved the audience. The highlight was the valedictory speeches delivered by Sahasra of class X (ICSE), Prisha of Grade XII (ISC), Ananth Ram of class X (Cambridge), and Kshipra (NIOS), each sharing their gratitude and hopes.

The director and principal addressed the gathering, blessing the graduates with words of wisdom. The felicitation ceremony honoured each graduate, marking the end of their journey at the school.

The memorable celebration of achievements and aspirations came to an end wishing graduates the best wishes for their future endeavors.

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Session held to emphasise importance of oral hygiene

Gopalan International School

"Nothing you wear is more important than your smile!"

he students attended a special session on January 21, 2025, where they learned the secrets to a healthy, happy smile through the power of good oral hysiene.

prene.
Dr. Neha Sarda, with her vast clinical experience in quality dental care procedures, raised awareness about the importance of oral hygiene. She focused on importance of brushing twice a

day especially before bed, eating healthy foods, like fruits, to keep teeth and gums healthy, proper brushing techniques and the importance of rinsing the mouth after eating.

Dr. Neha demonstrated

Dr. Neha demonstrated correct brushing technique using a model of teeth, which helped the students better understand the process. She inspired them to adopt the habit of maintaining good oral hygiene.

The session concluded with questions and ensuring that all their doubts were cleared. In a thoughtful ees.

cleared. In a thoughtful ges-ture, she handed each student a dental hygiene chart, en-

couraging them to continue



Justice and equality

's triumph at the T20 cricket world

ons not relia one place achievements of their main contributing factors of their

epublic Day reminds me of the sacrifices made for India's freedom. It symbolizes unity, diversity, and strength, reflecting values of justice, equality, and democracy. On this day, I feel immense pride for our nation's progress and aspire for a better, stronger India. It's a celebration of our shared history and the bright future ahead, fostering a sense of national pride and unity in every Indian heart.



SIMMI NAIR, Gopalan International School



Acaden

THE RIGI

Gopalan International School

The school celebrated its annual day 2024 on December 20-21, 2024. The umbrella theme for this year's annual day was Navabhava, which added an extra layer of magic and nostalgia to the celebration.

The celebration was inaugurated with the lighting of the lamp by directors C Prabhakar and Sunita Prabhakar, principal Rajashree Chaudhari and academic coordinators.

The cultural show, based on the nine emotions which every one of us experiences in our regular course of life, held the audience in awe and left them enlightened. The



spirit of Navabhava was seen in every performance. The auditorium buzzed with excitement as parents, teachers, and students eagerly gathered to witness the culmination of a year filled with learning, growth, and shared experiences. The extraordinary props and costumes added colour to the synchronised dance movements to foot-tapping music. The choir presented sooth-

ing song sung/in perfect sync. The school band, the GMinors, were at their best mesmerizing the audience with their amazing performance.

The principal appreciated the teachers and students for their persistent hard work and determination. This year's annual function proved to be an astounding visual treat that enthralled every spectator.

itures: 060-46161616) and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A. 4th Main. KIADB Bommasandra Industrial Area, Anekal Taluk, Bangaiore Vol. 42: Issue No.

Raising awareness on road safety, rules

Gopalan International School

A special assembly was held to raise awareness about road safety and to educate students and staff on the importance of safe driving and road behaviour. Middle school coordinator Simmi Nair outlined the significance of the session.

Traffic Police Officer Srinivas was the guest speaker and discussed various aspects of road safety. He provided practical tips, and emphasized the role of citizens in promoting road safety. He began the session with a video presentation which showed the alarming statistics related to road accidents and fatalities. He highlighted how many of these accidents. can be prevented through responsible driving and adherence to traffic laws.



Some of the key points discussed during the session included Importance of Wearing Seatbelts, Speed Limits and Road Signs, dangers of using Mobile Phones While Driving, Pedestrian Safety and the role of Cyclists and Motorcyclists, importance of wearing helmets, following the correct lane, and using proper signalling.

Several students raised important questions on penalties for violating traffic laws and the safety measures in place for pedestrians. The officer provided insightful answers and clarified misconceptions. Students took a road safety pledge, committing to follow traffic rules.

The assembly concluded with closing remarks by the principal.

The special assembly was highly informative and impactful. It motivated students to be more responsible on the road.

Chocolate factory visit an enriching experience

Gopalan International School

n September 6, 2024, students visited the 'Gone Mad' Chocolate Factory, which specialises in wafer-based confectioneries.

During the visit, students had the opportunity to observe the entire production process of wafermaking, from the use of raw materials to the pack-



aging of the final product, ready for dispatch. The factory, equipped with advanced machinery and adhering to high standards of hygiene, required students to wear masks, head covers, and foot covers to ensure cleanliness and prevent contamination. The visit offered valuable insights into the workings of a large-scale food manufacturing operation. For the senior secondary students, this experience also served as a glimpse into the world of startups and entrepreneurship, potentially planting the seeds for future ventures.

Overall, it was a highly informative and enriching experience for all the students involved.







Gopalan International School

A s part of their monthly activity, students of class VI took part in a unique classroom activity - creating their own mock newspaper. The initiative was inspired by the NIE newspaper reading programme, introduced by the school management to encourage students to develop a habit of reading news daily.

Led by their class teacher Kar Aashika, the students took on the roles of writers, editors, and illustrators, working together to produce a creative and engaging publication. Each student chose their own topic, covering a diverse range of subjects such as current events, research-based articles, factoids, book reviews, and creative columns.

Some students introduced new and unique sections, including an article on the stock market for young minds, which presented a simplified version of the concept.

The goal of the activity was to foster an interest in journalism, enhance writing skills, and promote teamwork. Through this hands-on experience, students gained insights into how

newspapers are structured and the effort involved in publishing. The project concluded with students discussing their work and reflecting on the challenges of writing, editing, and designing.

The activity successfully ignited enthusiasm for reading and writing, encouraging students to stay informed and think critically about the world around them.







Gopalan International School

The investiture ceremony to bestow the responsibilities on the newly elected members of the Students' Council for the academic year 2024-25 was held on July 5, 2024.

The chief guest was Retd.

Air Commodore Saji Anthony. Also present was director Sunita Prabhakar.

principal Rajashree Nitin Chaudhari gave an inspiring and motivating speech, advising the leaders to work hard towards the responsibilities entrusted in them. She administered the oath to the council members, who pledged their allegiance to



the school.

The chief guest too gave a motivating speech with words of wisdom and encouragement, focussing on how a leader needs to walk the talk. This day was made special as two alumni from the school, Shivani V S and Arun Radhakrishnan, were felicitated for their academic placements into prestigious universities in the country.

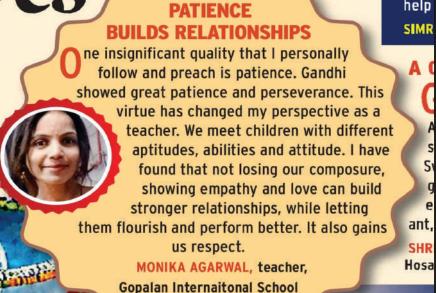
Dance performances and music by the school band G Minors was part of the programme.

For the school, the ceremony was not just about conferring responsibilities on the students, but also helping them take the school to heights they desire with their leadership, decision making skills, communication and teamwork.

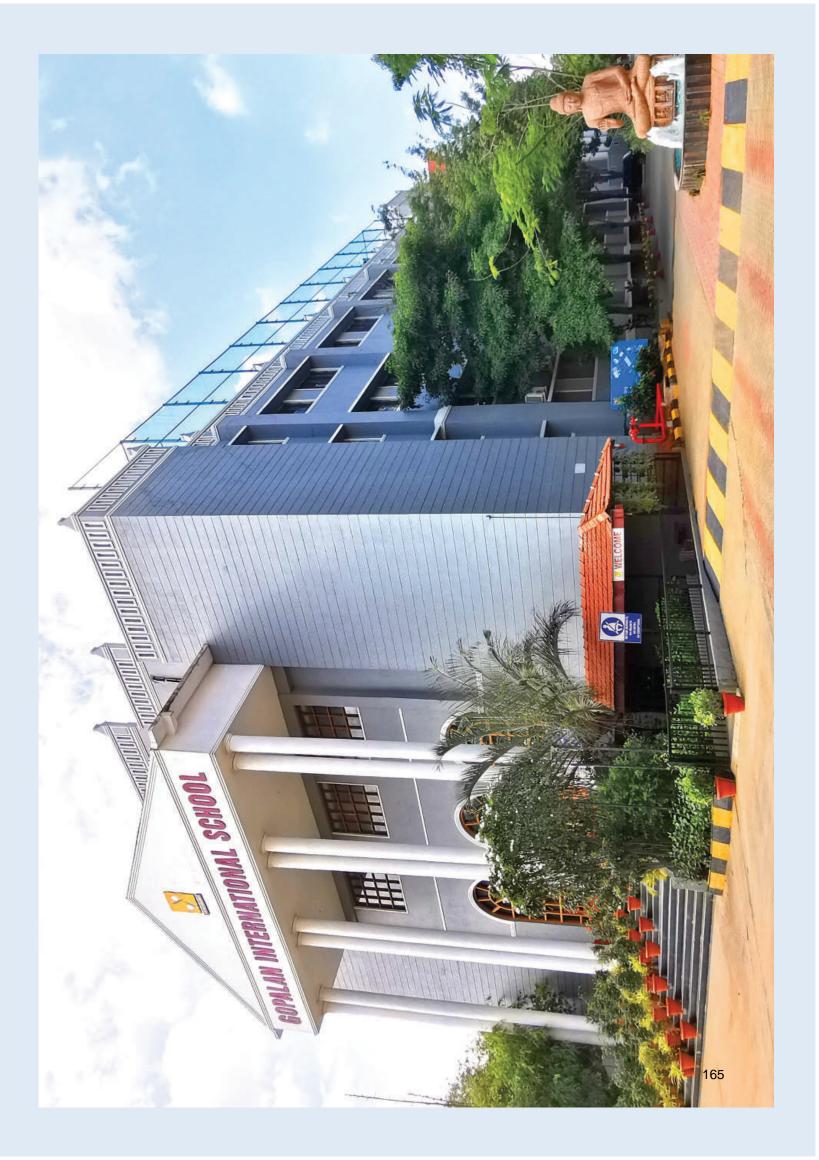














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Whitefield, Bengaluru

GIS Students' Artful Impressions.



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- » Gopalan School of Architecture and Planning Whitefield, Bangalore
- » Gopalan College of Commerce Whitefield, Bangalore
- » Gopalan Pre-University College Whitefield, Bangalore
- » Gopalan Pre-University College Yelahanka, Bangalore
- » Indian Institute Of Ayurvedic Medicine & Research Devanahalli, Bangalore

- » Gopalan International School Whitefield, Bangalore
- » Gopalan National School Brookefield, Bangalore
- » Gopalan National School (South) Kumbalgodu, Bangalore South
- » Gopalan National School (North) Yelahanka, Bangalore South
- » Gopalan Twinklers School Kanakapura Road, Bangalore
- » Gopalan Skill Academy Whitefield, Bangalore
- » Gopalan Sports Center Whitefield, Bangalore







